**A Matter of Taste: Food Preference Questionnaire**

(test strip version)

**Bitter Foods**

|  |  |  |  |
| --- | --- | --- | --- |
| Food Type | **Like** | **Neutral** | **Dislike** |
| Cabbage |  |  |  |
| Grapefruit juice |  |  |  |
| Broccoli |  |  |  |
| Cauliflower |  |  |  |
| Black coffee |  |  |  |
| Brussels sprouts |  |  |  |
| Green tea |  |  |  |
| Baker ’s chocolate |  |  |  |
| Black olives |  |  |  |

My food preferences,

suggest that I am a: **non-taster taster supertaster**

Test Strip Results

|  |  |  |  |
| --- | --- | --- | --- |
| PTC test strip: no taste | bitter | very bitter |  |
| Thiourea test strip: no taste | bitter | very bitter |  |
| My response to the test strips suggests that I am a |  | **non-taster taster** | **supertaster** |

I counted taste buds in the circle.

The number of taste buds in the circle,

suggests that I am a **non-taster taster supertaster**

I believe that I am a **non-taster taster supertaster**

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(taste test version)

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My food preferences,

suggest that I am a: **non-taster taster supertaster**

Taste Test Results

On a scale of 0 to 5, indicate how bitter each food tastes to you by marking your choice on the scales below:

Broccoli

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 0 | 1 | 2 | 3 | 4 | 5 |
| Not Bitter Very Bitter |
|  |

Baker’s chocolate

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 0 | 1 | 2 | 3 | 4 | 5 |
|  |
| Not Bitter Very Bitter |

My response to the taste test

suggests that I am a **non-taster taster supertaster**

I counted taste buds in the circle. The number of taste buds in the circle,

suggests that I am a **non-taster taster supertaster**

I believe that I am a **non-taster taster supertaster**