

# VCU SCHOOL OF EDUCATION MINORITY EDUCATION CENTER

## EQUITY: THE NEWSLETTER

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### STUDENT SPOTLIGHT: Erin Hanley

Erin Hanley is a third year PhD student in Counselor Education and Supervision. Her research interests include the academic experiences of Black women and underserved groups, the inclusion of underrepresented scholars in counselor education curricula, and providing safe spaces for students to share and process their experiences. Her dissertation analyzes the academic experiences of Black women counselor education doctoral students, and how these experiences impact career decisions.



We are on Episode 5 of our Equity Podcast! Our latest episode features Gerron Scott, Academic Advisor within the VCU's Biology Department. He discusses his techniques to teaching his students of color their worth.

[Take a Listen!](#)

## Happy Holidays & A Happy New Year!

*from the Minority Education Center*

This holiday season may look a little different for all of us. Here are a few ideas to help keep your days merry and bright.

### Try making a new recipe: 3 ingredient sugar cookies

- 1 stick plus 2 tbsp. salted butter, softened
- 1/3 c. granulated sugar
- 1 c. all-purpose flour



*Preheat oven to 325°. In a large bowl using a hand mixer, beat butter and sugar together until light and fluffy, then stir in flour. Form the cookies into 1" balls, placing them about 2 inches apart on a baking sheet. If using sprinkles, flatten cookies into a disc shape and top with sprinkles. Bake for 15 to 17 minutes, or until the edges of the cookies are lightly golden*

## ADDITIONAL HOLIDAY IDEAS:



### Stay Connected!

Try a virtual game night or set weekly video chat calls with family and friends.

### Plan a spa day!



Take some time to get some TLC. One of our local favorites is [Glow Med Spa](#)

### Start a new tradition!



Throw a movie marathon, put on a talent show, or volunteer your time.



### Keep Moving!

Check out the holiday lights, make a camp fire, take a hike or have an outdoor campfire.



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