

CURRICULUM VITA

PATRICK RYAN MULLEN

Associate Professor, Counselor Education Program
Dept. of Counseling and Special Education
Virginia Commonwealth University | School of Education
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EDUCATION

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|-----------------------------------|--|------|
| Doctor of Philosophy (Ph.D.) | Education, <i>Counselor Education Track</i> <i>University of Central Florida</i> (CACREP accredited) Orlando, Florida | 2014 |
| <u><i>Dissertation Title:</i></u> | The Contribution of Practicing School Counselors' Self-Efficacy and Professional Quality of Life to their Programmatic Service Delivery. <u><i>Dissertation Chair:</i></u> Glenn W. Lambie, Ph.D. | |
| Master of Arts (MA) | Counselor Education, <i>School Counseling Track</i> <i>University of Central Florida</i> (CACREP accredited) Orlando, Florida | 2009 |
| Graduate Certificate | Career Counseling <i>University of Central Florida</i> Orlando, Florida | 2008 |
| Bachelor of Arts | Psychology <i>Florida International University</i> Miami, Florida | 2006 |

CERTIFICATION AND LICENSURE

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| Certification | National Certified Counselor (NCC #271034) National Board for Certified Counselors (2010-current) |
| Certification | National Certified School Counselor (NCSC #271034) National Board for Certified Counselors (2016-current) |
| Certification | Approved Clinical Supervisor (ACS #1521) Center for Credentialing and Education (2013-current) |
| License | Pupil Personnel Services License (DOE# PPS-0607201) Virginia Department of Education (2020-current) |

ADMINISTRATIVE POSITIONS

Department Chair
(07/2023-current)

Virginia Commonwealth University
Department of Counseling & Special Education
School of Education
Richmond, Virginia 23284

Responsibilities include direct supervision of faculty members in the Counseling and Special Education programs. Complete personnel evaluations and tenure and promotion recommendations. Facilitate department planning and strategic initiatives, budget planning, and impact and visibility activities. Represent the department at school and university meetings, support student and faculty awards, and complete other duties as assigned.

Program Coordinator
(07/2020-06/2023)

William & Mary
Counselor Education Program
Department of School Psychology & Counselor Education
School of Education
Williamsburg, Virginia 23185

Responsibilities include scheduling and facilitating meetings for the 13-faculty counselor education program that serves over 450 graduate students, developing and staffing the counselor education program academic schedule for the campus courses, leading program development activities, responding to student inquiries, communicating with other stakeholders within the School of Education, managing the Counselor Education Advisory Committee, and assisting with accreditation processes.

ACADEMIC POSITIONS

Associate Professor (with tenure)
(07/2023-current)

Virginia Commonwealth University
Counselor Education Program
Department of Counseling & Special Education
School of Education
Richmond, Virginia 23284

Associate Professor (with tenure)
(08/2020-06/2023)

Assistant Professor
(08/2016-07/2020)

William & Mary
Counselor Education Program
Department of School Psychology & Counselor Education
School of Education
Williamsburg, Virginia 23185

Assistant Professor
(08/2014-06/2016)

East Carolina University
Counselor Education Program
Department of Interdisciplinary Professions
College of Education
Greenville, NC 27858

RELEVANT NON-ACADEMIC POSITIONS

- 2011-2014 **Toni Jennings Exceptional Education Institute, *Toni Jennings Scholar***
Responsibilities included managing a student hub and resource center for undergraduate and graduate students. Planned and facilitated the annual UCF Counseling Conference.
- 2009 - 2011 **Seminole County Public Schools - Journeys Academy, *School Counselor***
Responsibilities included chairing the counseling department, managing the student mentor program, and fulfilling the responsibilities and duties of a school counselor.
- 2007-2008 **UCF Community Counseling Clinic, *Clinic Resource Assistant***
Responsibilities included conducting client intakes and psycho-socials and managing the day-to-day operations of a university community-based counseling clinic.
- 2007-2008 **University Behavioral Center, *Mental Health Technician***
Responsibilities included facilitating group activities, documenting interventions and client affect, and facilitating day-to-day behavior management of clients.
- 2006-2007 **Miami-Dade Public Schools – Hialeah High School, *Social Studies Teacher***
Responsibilities included teaching a 9th-grade world history class and coaching football.
- 2002-2006 **Florida International University, *Student-Athlete on the Football Team***
Responsibilities included playing for the inaugural football team for four years.

ADVANCED PROFESSIONAL TRAINING

- 2022 **Council for the Accreditation of Educator Preparation Conference, *Virtual***
This training included learning about the CAEP self-study accreditation process.
- 2022 **Supporting Mid-Level Leaders, *William & Mary***
This training included learning about effective approaches to serving and leading within higher education.
- 2022 **Academic Chairpersons Conference, *Kansas State University***
This training offered insights and strategies to serving as a chair or program leader.
- 2021 **Diversity, Equity and Inclusion in the Workplace Certificate, *USF***
This training offered information and strategies to enhance diversity, equity, and inclusion within workplace setting based on practices from the field of business.
- 2015 **Program Funding and Grant Administration, National Institute of Health (NIH) Regional Seminar, *Baltimore, MD.***
This training included learning about the NIH grant submission processes and current issues in NIH.
- 2015 **Motivational Interviewing, *Cathy Cole Training***
This training focused on learning Motivational Interviewing approach to counseling.

RESEARCH INTERESTS AND FOCUS

Professional and Practical Issues in School Counseling

I pursue research that advances and strengthens the school counseling profession through the examination of novel issues facing today's school counselors, interventions with students, and evidence-based practices.

Counselor Education and Supervision

I engage in research that examines counselor education and supervision that includes teaching and supervision strategies, assessment approaches, research methodology, and contemporary issues in counselor education.

Professional Well-being

I facilitate research that focuses on identifying factors contributing to counselor burnout and stress with the aim of preventing turnover and promoting career longevity.

Please note: In counseling, psychology, and education, the primary author is listed first.

DISSERTATION

Mullen, P. R. (2014). The contribution of practicing school counselors' self-efficacy and professional quality of life to their programmatic service delivery. (Unpublished doctoral dissertation). University of Central Florida, Orlando, FL. <http://purl.fcla.edu/fcla/etd/CFE0005218>

SCHOLARLY WORKS AND PUBLICATIONS (“*” denotes work with a student)

PEER-REVIEWED JOURNAL PUBLICATIONS

1. **Mullen, P. R.**, Niles, J. K. *, Hinchey, K. *, Leger, R. *, & Dorais, S. (2023). An examination of school counselors' career-sustaining behaviors and its relationship to burnout and job Satisfaction. *Journal of Professional Counseling: Practice, Theory, and Research*, 50(1), 18-32. <https://doi.org/10.1080/15566382.2023.2180612>
2. **Mullen, P. R.**, Backer, A., Niles, J.K. *, & Chae, N. (2023). Preparing school counseling trainees in professional legislative advocacy. *Journal of the Scholarship of Teaching and Learning*, 23 (1), 59-71 <https://doi.org/10.14434/josotl.v23i1.33257>
3. Moore, C., M., **Mullen, P. R.**, Hinchey, K. *, Lambie, G. W. (2023). A differential item functioning study of Counselor Competency Scale-Revised scores. *Counselor Education and Supervision*, 62(1), 2-20. <https://doi.org/10.1002/ceas.12255>
4. Niles, J. K. *, Dukes, A. *, **Mullen, P. R.**, Goode, C. *, & Jensen, S. * (2022). Experiences of law enforcement officers in an emotional and belief intelligence leadership training: A consensual qualitative report. *Journal of Criminal Justice Education*. Advanced online publication <https://doi.org/10.1080/10511253.2022.2131857>
5. **Mullen, P. R.**, Niles, J.K. *, Dukes, A. *, & Spargo, A. (2022). An examination of the GPS for SUCCESS program. *Preventing School Failure*. 66(3), 238-246. <https://doi.org/10.1080/1045988X.2022.2048627>

6. Mason, W. N. * & **Mullen, P.R.** (2022). The Task-Oriented Developmental Model of Supervision: Facilitating comprehensive supervisee development. *Journal of Counselor Preparation and Supervision*, 15(2). <https://digitalcommons.sacredheart.edu/jcps/vol15/iss2/20/>
7. Crowe, A., **Mullen, P. R.**, & Barnes, S. (2022). The factor structure of the Positive and Negative Affect Schedule in a multiethnic sample of adults. *Journal of Counseling Research and Practice*, 7(2), 133-151. <https://egrove.olemiss.edu/jcrp/vol7/iss2/7/>
8. Niles, J. K. *, Gutierrez, D., Dukes, A. T. *, **Mullen, P. R.**, & Goode, C. * (2022). Understanding the relationships between personal growth initiative, hope, and abstinence self-efficacy. *Journal of Addictions & Offender Counseling*, 43 (1), 15-25. <https://doi.org/10.1002/jaoc.12099>
9. Chae, N., Backer, A., **Mullen, P. R.**, & Cakmak, Z. (2022). School counselors as critical consumers of research: Quality indicators for evaluating quantitative research. *Professional School Counseling*. 26(1), 1-10. <https://doi.org/10.1177%2F2156759X221086748>
10. Spargo, A., **Mullen, P. R.**, Gutierrez, D., & Kramer, J. (2021). GPS for Success: A practitioner-based study with high school students. *Professional School Counseling*. 25(1), 1-10. <https://doi.org/10.1177/2156759X211050414>
11. Newhart, S., Steirling, T., & **Mullen, P. R.** (2021). Factors predicting attitudes towards evidence-based practice among college counselors. *Journal of College Counseling*, 24(3), 194-209. <https://doi.org/10.1002/jocc.12191>
12. Dukes, A. *, **Mullen, P. R.**, Niles, J. K. *, Gutierrez, D., & Jensen, S. * (2021). Role of causality orientations in predicting alcohol use and abstinence self-efficacy. *Substance Use and Misuse*. 57(2), 222-229. <https://doi.org/10.1080/10826084.2021.2002899>
13. Newhart, S., Pohto, P., & **Mullen, P. R.** (2021). A survey of characteristics of clinicians in university counseling centers. *Journal of College Counseling*, 24(2), 98-114. <https://doi.org/10.1002/jocc.12179>
14. **Mullen, P. R.**, Chae, N., Backer, A. *, & Niles, J. K. * (2021). School counselor burnout, job stress, and job satisfaction by student caseload. *NASSP Bulletin*, 105(1), 25-42. <https://doi.org/10.1177/0192636521999828>
15. **Mullen, P. R.**, Fox, J., Goshorn, J. R. *, & Warraich, L. K. * (2021). Crowdsourcing for online samples in counseling research. *Journal of Counseling & Development*, 99(2), 221-226. <https://doi.org/10.1002/jcad.12369>
16. Crowe, A., **Mullen, P. R.**, & Spargo, A. (2020) Counselor, know thyself: The impact of mental health literacy and stigma on stress and satisfaction in practicing counselors. *The Journal of Counseling Research and Practice*, 6(1), 19-37. <https://egrove.olemiss.edu/jcrp/vol6/iss1/2/>
17. **Mullen, P. R.**, Backer, A. *, Chae, N. *, & Li, H. * (2020). School counselors' work-related rumination as a predictor of burnout, turnover intentions, job satisfaction, and work engagement. *Professional School Counseling*, 24(1), 1-10. <https://doi.org/10.1177/2156759X20957253>

18. Gutierrez, D., Crowe, A., **Mullen P. R.**, Fan, S.* , & Pignato, L.* (2020). Stigma, help seeking, and substance use. *The Professional Counselor*, 10(2), 220-234.
<https://doi.org/10.15241/dg.10.2.220>
19. Gonzales, E.* , Sperandio, K.* , **Mullen, P. R.**, & Tuazon, V.* (2020). Development and initial testing of the Multidimensional Cultural Humility Scale. *Measurement and Evaluation in Counseling and Development*, 54(1), 57-70. <https://doi.org/10.1080/07481756.2020.1745648>
20. Newhart, S. * , **Mullen, P. R.**, Blount, A. J., & Hagedorn, W. B. (2020). Factors influencing publication rates among counselor educators. *Teaching and Supervision in Counseling*, 2(1), 45-59. <https://doi.org/10.7290/tsc020105>
21. **Mullen, P. R.**, Sperandio, K.* , Hagedorn, W. B., & Hilert, A.* (2019). School counselors' use of SBIRT for substance use screening. *Journal of Child and Adolescent Counseling*, 5(3), 275-289.
<https://doi.org/10.1080/23727810.2019.1671759>
22. **Mullen, P. R.** (2019). Book review of Assessment in Counseling: Practices and Applications. *Measurement and Evaluation in Counseling and Development*, 53(3), 213-217.
<https://doi.org/10.1080/07481756.2019.1691461>
23. Wagner, N.* , **Mullen, P. R.**, & Sims, R.* (2019). Professional counselors' interest in counseling older adults. *Adultspan*, 18(2), 70-84. <https://doi.org/10.1002/adsp.12078>
24. **Mullen, P. R.**, Chae, N.* , & Backer, A. * (2019). Comparison of school characteristics among RAMP and Non-RAMP schools. *The Professional Counselor*, 9(2), 156-170.
<https://doi.org/10.15241/prm.9.2.156>
25. Newhart, S. * , **Mullen, P. R.**, & Gutierrez, D. (2019). Expanding perspectives: Systemic approaches with college students experiencing depression. *Journal of Counseling & Development*, 97(3), 260-269. <https://doi.org/10.1002/jcad.12266>
26. **Mullen, P. R.**, Limberg, D., Tuazon, V.* , & Romagnolo, S. (2019). Emotional intelligence and leadership attributes of school counseling trainees. *Counselor Education and Supervision*. 58(2), 112-126. <https://doi.org/10.1002/ceas.12135>
27. Dillman Taylor, D. & **Mullen, P. R.** (2019). Adlerian Personality Priority Assessment: Psychometric evaluation. *Journal of Individual Psychology*, 75(2), 122-144.
<https://doi.org/10.1353/jip.2019.0011>
28. **Mullen, P. R.**, Newhart, S.* , Haskins, N., Shapiro, K.* , & Cassel, K.* (2019). An examination of school counselors' leadership self-efficacy, programmatic services, and social issue advocacy. *Journal of Counselor Leadership & Advocacy*, 6(2), 160-173.
<https://doi.org/10.1080/2326716X.2019.1590253>
29. **Mullen, P. R.**, Stevens, H., & Chae, N.* (2019). School counselors' attitudes towards evidence based practices. *Professional School Counseling*, 22(1), 1-11.
<https://doi.org/10.1177/2156759X18823690>

30. Crowe, A., Murray, C. E., **Mullen, P. R.**, Lundgren, K., Hunnicutt, G., & Olson, L. (2019). Help seeking behaviors and intimate partner violence-related traumatic brain injury. *Violence and Gender*, 6(1), 64-71. <https://doi.org/10.1089/vio.2018.0003>
31. Crowe, A., **Mullen, P. R.**, Littlewood, K. (2018). Self-stigma, mental health literacy, and health outcomes in integrated care. *Journal of Counseling & Development*, 96(2), 267-277. <https://doi.org/10.1002/jcad.12201>
32. **Mullen, P. R.**, Blount, A. J., Lambie, G. W., & Chae, N.* (2018). School counselors' job stress, burnout, and job satisfaction. *Professional School Counseling*, 21(1), 1-10. <https://doi.org/10.1177/2156759X18782468>
33. **Mullen, P. R.**, Newhart, S.* , & Gutierrez, D. W. (2018). School counselors' emotional intelligence and its relationship to leadership. *Professional School Counseling*, 21(1), 1-12. <https://doi.org/10.1177/2156759X18772989>
34. **Mullen, P. R.** & Crowe, A. (2018). A psychometric investigation of the Short Grit Scale with a sample of school counselors. *Measurement and Evaluation in Counseling and Development*, 51(3), 151-162. <https://doi.org/10.1080/07481756.2018.1435194>
 - Received the *Patricia B. Elmore Award for Outstanding Research in Measurement and Evaluation* award from the Association for Assessment and Research in Counseling (2019)
 - Received *Best Practices Research, Faculty Award* from the American Counseling Association (2020)
35. **Mullen, P. R.**, Malone, A.,* Denney, A.,* & Dietz, S. S. (2018). Job stress, burnout, job Satisfaction, and turnover intention among student affairs professionals. *College Student Affairs Journal*, 36(1), 94-108. <https://doi.org/10.1353/csaj.2018.0006>
36. Dillman Taylor, D., Gungor, A., Blount, A. J., & **Mullen, P. R.** (2018). Personality priorities and perceived wellness among counseling trainees. *Journal of Individual Psychology*, 74(2), 188-208. <https://doi.org/10.1353/jip.2018.0012>
37. Lambie, G. W., **Mullen, P. R.**, Swank, J. & Blount, A. (2018). The Counselor Competencies Scale: Validation and refinement. *Measurement and Evaluation in Counseling and Development*, 51(1), 1-15. <https://doi.org/10.1080/07481756.2017.1358964>
38. Crowe, A., **Mullen, P. R.**, & Harris, J. A. (2017). Help for the helper: Exploring mental health concerns, supports, and stigma in school counselors. *Journal of Professional Counseling: Practice, Theory, & Research*, 44(1), 34-54. <https://doi.org/10.1080/15566382.2017.12033957>
39. Fox, J., Gutierrez, D., & **Mullen, P. R.** (2017). The nature and function of meditation and prayer in childhood and adolescence. *Journal of Child and Adolescent Counseling*, 3(3), 188-198. <https://doi.org/10.1080/23727810.2017.1341797>
40. Swank, J. M., & **Mullen, P. R.** (2017). Evaluating evidence for conceptually related constructs using bivariate correlations. *Measurement and Evaluation in Counseling and Development*, 50(4), 270-274. <https://doi.org/10.1080/07481756.2017.1339562>

41. Lambie, G. W., Blount, A. J., & **Mullen, P. R.** (2017). Establishing content-oriented evidence for psychological assessments. *Measurement and Evaluation in Counseling and Development*, 50(4), 210–216. <https://doi.org/10.1080/07481756.2017.1336930>
42. **Mullen, P. R.** & Crowe, A. (2017). Self-stigma of mental health concerns and help-seeking among school counselors. *Journal of Counseling & Development*. 95(4), 401-411. <https://doi.org/10.1002/jcad.12155>
43. **Mullen, P. R.**, Morris, C., * & Lord, M.* (2017). The experience of ethical dilemmas, burnout, and stress among practicing counselors. *Counseling and Values*, 62(1), 37- 62. <https://doi.org/10.1002/cvj.12048>
44. Fox, J., **Mullen, P. R.**, & Giordano, A. (2017). Forgiveness, humility, and hope: An interview with Everett L. Worthington, Jr., Ph.D. *Counseling and Values*, 62(1), 11- 23. <https://doi.org/10.1002/cvj.12046>
45. Gutierrez, D., **Mullen, P. R.**, & Fox J. D. (2017). Exploring emotional intelligence among master’s level counseling trainees. *Counselor Education and Supervision*, 56(1), 19-32. <https://doi.org/10.1002/ceas.12057>
46. **Mullen, P. R.** & Gutierrez, D. (2016). Burnout, perceived stress, and direct student services among school counselors. *The Professional Counselor*. 6(4), 344-359. <https://doi.org/10.15241/pm.6.4.344>
47. Gutierrez, D., & **Mullen, P. R.** (2016). Emotional intelligence and the counselor: Examining the relationship of trait emotional intelligence to counselor burnout. *Journal of Mental Health Counseling*, 38(3), 187-200. <https://doi.org/10.17744/mehc.38.3.01>
48. **Mullen, P. R.** & Lambie, G. W. (2016). The contribution of school counselors’ self-efficacy to their programmatic service delivery. *Psychology in Schools*, 53(3), 306–320. <https://doi.org/10.1002/pits.21899>
49. **Mullen, P. R.**, Lambie, G. W., Griffith, C., & Sherrell, R. (2015). School counselors’ general self-efficacy, ethical and legal self-efficacy, and ethical and legal knowledge. *Ethics & Behavior*, 26(5) 415-430, 1-16. <https://doi.org/10.1080/10508422.2015.1033627>
50. **Mullen, P. R.**, Uwamahoro, O., Blount, A. W., & Lambie, G. W. (2015). Development of counseling students' self-efficacy during their preparation program. *The Professional Counselor*, 5(1), 175-184. <https://doi.org/10.15241/prm.5.1.175>
51. Blount, A. & **Mullen, P. R.** (2015) Development of the Integrative Wellness Model: Supervising counselors-in-training. *The Professional Counselor*, 5(1), 100-113. <https://doi.org/10.15241/ajb.5.1.100>
52. Lambie, G. W., Griffith, C., Limberg, D., Hayes, G. B., & **Mullen, P. R.** (2014). An exploratory investigation of the research self-efficacy, interest in research, and research knowledge of Ph.D. in education students. *Innovative Higher Education*, 39(2). <https://doi.org/10.1007/s10755-013-9264-1>

53. **Mullen, P. R.**, Griffith, C., Greene, J. H., & Lambie, G. W. (2014). Social media and professional school counselors: Ethical and legal considerations. *Journal of School Counseling*, 12(8). Retrieved from <http://www.jsc.montana.edu/articles/v12n8.pdf>
54. **Mullen, P. R.**, Lambie, G. W., & Conley, A. H. (2014). Development of the Ethical and Legal Issues in Counseling Self-Efficacy Scale. *Measurement and Evaluation in Counseling and Development*, 47(1), 1-17. <https://doi.org/10.1177/0748175613513807>
55. **Mullen, P. R.**, & Lambie, G. W. (2013). School counseling in disciplinary alternative education programs. *Journal of School Counseling*, 11(17). Retrieved from <http://www.jsc.montana.edu/articles/v11n17.pdf>
56. Lambie, G. W., Ieva, K.P., & **Mullen, P. R.** (2013). Graduate counseling students' learning, development, and retention of knowledge. *Journal of the Scholarship of Teaching and Learning*, 13(4), 54-67. Retrieved from <http://josotl.indiana.edu/article/view/3284>
57. Lambie, G. W., Ieva, K. P., **Mullen, P. R.**, & Hayes, B. G. (2011). Ego development, ethical decision-making, and ethical and legal knowledge in school counselors. *Journal of Adult Development*, 18, 50-59. <https://doi.org/10.1007/s10804-010-9105-8>

EDITORIAL PUBLICATIONS

1. **Mullen, P. R.** (2014). The Counseling and Values Perspective Interview Series introduction. *Counseling and Values*, 59(2), 131-130. <https://doi.org/10.1002/j.2161-007X.2014.00046.x>

NATIONAL NON-PEER-REVIEWED PUBLICATIONS

1. **Mullen, P. R.** & Lamb, C. (2012, May). The brave new world of social media. *ASCA School Counselor*, 49(5). Retrieved from <https://www.schoolcounselor.org/magazine/blogs/may-june-2012/the-brave-new-world-of-social-media> (Login Required)
2. **Mullen, P. R.** (2008, August). Balancing required with desired. *ASCA School Counselor*. 45(6), 19-21. Retrieved from <https://www.schoolcounselor.org/magazine/blogs/july-august-2008/balancing-required-with-desired> (Login Required)

PUBLICATIONS UNDER CONSIDERATION

1. Lee, A., Jackson, T. *, & **Mullen, P. R.** (Submitted June 2023). Race-based trauma and spiritual wellbeing: A comparative study. *Counseling & Values*.
2. **Mullen, P. R.**, Joseph, J., Hinchey, K., Walker, M., & Niles, J. (Submitted May 2023). Assessment of Professional Counseling Dispositions: A content validity analysis. *Counselor Education and Supervision*.
3. Niles, J. K. *, **Mullen, P. R.**, Fears, A. *, & Spargo, A. (Submitted April 2023). Examining students' meaning in life as a predictor of personal growth initiative and emotional intelligence. *Journal of Humanistic Counseling*.

4. Mullen, P. R., Sperandio, K. R., Dukes, A. *, Niles, J. *, & Fears, A. * (Submitted in March 2023). Development and testing of the Frequency of Ethical and Legal Issues in Counseling Scale. *Ethics & Behaviors*.
5. Chae, N., Backer, A., & **Mullen, P. R.** (Submitted in November 2022). Empowering school counselors-in-training to maximize their supervision experience. *The Professional Counselor*.
6. Chae, N., Backer, A., & **Mullen, P. R.** (Submitted in November 2022). Counseling Site Supervision Delivery Scale: Development and initial validation. *Teaching and Supervision in Counseling*.

BOOKS

1. **Mullen, P. R.** (Under Contract, Anticipated July 2024 Publication Date). *Becoming a school counselor*. Cognella.

BOOK CHAPTERS

1. **Mullen, P. R.** & Limberg, D. (2023). Data analysis procedures in school counseling research. In B. Zyromski & C. Dimmitt. (Eds.), *School Counseling Research: Advancing the Professional Evidence Base*.
2. **Mullen, P. R.**, Robertson, L., & Young, M. E. (2020). Spiritual competencies in the counseling profession. In C. S. Cashwell & J. S. Young (Eds.), *Integrating spirituality and religion into counseling: A guide to competent practice* (3rd ed.). American Counseling Association
3. **Mullen, P. R.**, & Hagedorn, W. B. (2019). Wellness in professional school counselors. In T. A. A. Portman, C. Wood, & H. Fye (Eds.), *Critical incidents in school counseling* (3rd ed.). Alexandria, VA: American Counseling Association.
4. Swank, J. M. & **Mullen, P. R.** (2017). Appraisal and assessment techniques specific to children and adolescents. In J. Ziomek-Daigle (Ed.) *Counseling children and adolescents: Working in school and clinical mental health settings* (pp. 237-271). New York, NY: Routledge
5. Gutierrez, D., **Mullen, P. R.**, Griffith, C., & Christmas, C. (2013). Financial wellness. In P. F. Granello (Ed.), *Wellness: A guide for achieving a healthy lifestyle* (pp. 87-99). Upper Saddle River, NJ: Pearson.

RESEARCH FUNDING: GRANTS AND CONTRACTS

1. **Mullen, P.R.**, Gutierrez, D., & Burgin, E. (2022). *Empowered learners: A virtual mentoring program for alternative education schools*. Grant awarded from the Dean's Innovation Fund in the William & Mary School of Education (Amount of \$37,750).
2. **Mullen, P. R.** & Gutierrez, D. (2020-2022). *External evaluation of the GPS for Success program intervention*. Contract received from My Life, My Power, Inc. who received funding from the White House Office of National Drug Control Policy (ONDCP)(Amount of \$120,000 [\$60,000 year 1 and \$60,000 year 2]).
3. **Mullen, P. R.** (2019, summer). *Summer research award*. Research grant received from William & Mary (Amount of \$4,200.00).

4. **Mullen, P. R.** (2018, February). Exploring the implementation of comprehensive school counseling programs in the international department of defense education activity K-12 settings. *Reves Center's Faculty Fellow Award* from William & Mary (Amount of \$10,000).
5. **Mullen, P. R.**, Haskins, N. H., & Newhart, S. (2017, January). *Excellence in counseling research grant*. Research grant received from the *Chi Sigma Iota International Honor Society* (Amount of \$1,200.00).
6. **Mullen, P. R.** (2017, summer). *Summer research award*. Research grant received from William & Mary (Amount of \$4,000.00).
7. Gutierrez, D., **Mullen, P. R.**, & Fox, J. (2014, September). *An exploratory investigation examining the relationship between counseling trainees' levels of emotional intelligence, empathy, and stress*. Research grant received from the Association for Counselor Education and Supervision (Amount of \$533.00).
8. **Mullen, P. R.** (2014, August). *The impact of a Motivational Interviewing intervention on early adolescents exhibiting academic disengagement*. Grant awarded for the East Carolina University's Division of Research and Graduate Studies' Competitive Start Up grant (Amount of \$28,157).
9. **Mullen, P. R.** (2012, October). *Development of the Ethical and Legal Issues in the Counseling Self-Efficacy Scale*. Research grant received from the Southern Association for Counselor Education and Supervision (Amount of \$500.00).

INTERNATIONAL, NATIONAL, REGIONAL, AND STATE PRESENTATIONS

INTERNATIONAL PEER-REVIEWED PRESENTATIONS

1. **Mullen, P. R.** (2021, March). *Review and Critique of the ASCA National Model with a Focus on School Counselors' Perceptions of Strengths and Challenges*. Keynote presentation at the Comparative School Counseling International Virtual Conference.

NATIONAL PEER-REVIEWED PRESENTATIONS

1. **Mullen, P.R.** & Prescod, D. (2023, October). *Defining Yourself as a Researcher: Strategies to Create and Manage a Research Agenda*. An invited session for the ACES Research Academy at the annual conference for the Association of Counselor Education and Supervision (Denver, CO).
2. **Mullen, P.R.** (2023, October). *Assessment of Professional Counseling Dispositions*. Poster session accepted to present at the annual conference for the Association of Counselor Education and Supervision (Denver, CO).
3. Chae, N., Backer, A., & **Mullen, P. R.** (2023, March). *More Than One Way: Innovative Recruitment and Sampling Strategies in School Counseling Research*. Content session presented at the Evidence-Based School Counseling Conference (Columbus, OH).
4. Niles, J. & **Mullen, P. R.** (2023, March). *Measuring the Impact of a School-Based Contemplative Intervention for Adolescents*. Content session presented at the Evidence-Based School Counseling Conference (Columbus, OH).

5. Niles, J. & **Mullen, P. R.** (2023, March). *Research Mentorships in School Counselor Education: A Panel Discussion*. Content session presented at the Evidence-Based School Counseling Conference (Columbus, OH).
6. Backer, A., Chae, C., Egwu, O., & **Mullen, P. R.** (2022, September). *More than One Way: Innovative Recruitment and Sampling Strategies in Counseling Research*. Content session presented at the annual conference of the Association for Assessment and Research in Counseling (St. Louis, MO).
7. Swank, J., & **Mullen, P. R.** (2022, September). *Assessing the Appropriateness of Using Instruments Designed for Adults with Youth*. Roundtable session presented at the annual conference of the Association for Assessment and Research in Counseling (St. Louis, MO).
8. Lee, A., & **Mullen, P.R.** (2022, September). *Examining the Relationship between Race-Based Traumatic Stress and Spiritual Injury*. Poster session presented at the annual conference of the Association for Assessment and Research in Counseling (St. Louis, MO).
9. **Mullen, P.R.** (Chair), Kurkul, K. E., Kiefer, S. (2022, April). *Harnessing the Power of the Mentoring Relationship: A Discourse on Division E's Emerging Leaders Initiative*. Panel session at the annual meeting of the American Educational Research Association held virtually and in person (San Diego, CA).
10. **Mullen, P.R.**, Kurkul, K. E., Scott, J. (2022, April). *Trauma-Informed Strategies for a Dual Pandemic: Helping Ourselves and Others*. Paper session) at the annual meeting of the American Educational Research Association held virtually and in person (San Diego, CA).
11. **Mullen, P. R.**, Deaton, J. D., & Williams, Olivia U. (2022, April). *Databases, Repositories, and Podcasts: Resources from the AARC Assessment Committee*. Education session at the annual conference of the American Counseling Association in Atlanta, GA.
12. Villares, E., Limberg, D., & **Mullen, P. R.** (2022, March). *Introduction to Quantitative Research in Schools*. Content session presented at the annual Evidence-Based School Counseling Conference held virtually.
13. **Mullen, P. R.** (2021, October). *It's Time to talk about the ASCA National Model: A Critical Review*. Content session at the annual conference of the Association for Counselor Education and Supervision in Atlanta, GA.
14. **Mullen, P. R.**, Hinchey, K. & Walker, M. (2021, September). *Assessment of Professional Counseling Depositions: A Content Validity Study*. Content session at the annual conference of the Association for Assessment and Research in Counseling in Cincinnati, OH.
15. Taylor, A. & **Mullen, P. R.** (2021, April). *Needs and Responses to School Based Activism Research*. Presidential session (facilitator) at the annual conference of the American Educational Research Association held virtually.
16. **Mullen, P. R.** & Taylor, A. (2021, April). *Preparing Students for a Rapidly Changing World: Rethinking the Education System and Postsecondary Pathways*. Presidential session (co-chaired) at the annual conference of the American Educational Research Association held virtually.

17. **Mullen, P. R.** & Koslouski, J. (2021, April). *The Job Market and the Promotion and Tenure Process: Implications from the Pandemic*. Panel session (co-chaired) at the annual conference of the American Educational Research Association held virtually.
18. **Mullen, P. R.** & Crowe, A. (2021, April). *School Counselor Grittiness: Examination of the Construct and its Relationship to Wellbeing*. Education session presented at the annual conference of the American Counseling Association held virtually.
19. Sperandio, K., Gonzales, E., Tuazon, V., & **Mullen, P. R.** (2021, April). *The Development of the Multidimensional Cultural Humility Scale*. Education session presented at the annual conference of the American Counseling Association held virtually.
20. **Mullen, P. R.**, Backer, A., & Niles, J. (2021, March). *A Survey of School Counselors' Theoretical Orientation and Counseling Practice*. Poster session at the annual Evidence-Based School Counseling Conference held virtually.
21. **Mullen, P. R.** Chae, N., & Backer, A. (2021, March). *The Critique of Quantitative School Counseling Research for Use in Practice*. Poster session at the annual Evidence-Based School Counseling Conference held virtually.
22. **Mullen, P. R.** (2019, September). *Application of the SBIRT Model for Substance Use Screening in High School Settings*. Education session at the annual conference of the Association for Assessment and Research in Counseling in San Antonio, TX.
23. Gonzales, E., Sperandio, K., & **Mullen, P. R.** (2019, September). *The Development of the Multidimensional Cultural Humility Scale*. Roundtable session at the annual conference of the Association for Assessment and Research in Counseling in San Antonio, TX.
24. Chae, N., Backer, A., & **Mullen, P. R.** (2019, March). *School and Student Characteristics of RAMP vs. Non-RAMP Schools*. Poster session at the annual conference of the American Counseling Association in New Orleans, LA.
25. **Mullen, P. R.**, Chae, N., & Backer, A. (2019, March). *Stress and Burnout among School Counselors: A Review of the Research*. Education session at the annual conference of the American Counseling Association in New Orleans, LA.
26. **Mullen, P. R.**, Denney, A. & Newhart, S. (2019, March). *Job Stress, Burnout, Job Satisfaction, and Turnover Intentions among College Counselors and Student Affairs Professionals*. Poster session at the annual conference of the American Counseling Association in New Orleans, LA. (Invited)
27. Chae, N., Stevens, H., & **Mullen, P. R.** (2018, September). *Examining School Counselors' Self-Efficacy, Theoretical Orientation, and Attitudes toward Evidence-Based Practices*. Poster session at the national conference of the Association for Assessment and Research in Counseling in Richmond, VA.

28. Blount, A. J. & **Mullen, P. R.** (2018, September). *Wellness-Based Supervision, Professional Quality of Life, and Helper Well-Being*. Poster session at the national conference of the Association for Assessment and Research in Counseling in Richmond, VA.
29. **Mullen, P. R.**, Haskins, N., & Newhart, S. (2018, March). *School Counselors' Leadership Self-Efficacy, Delivery of Services, and Advocacy*. Poster session at the national conference of the American Counseling Association in Atlanta. GA.
30. **Mullen, P. R.**, Limberg, D., & Tuazon, V. (2018, March). *The Leadership Qualities and Emotional Intelligence of School Counseling Trainees*. Poster session at the national conference of the American Counseling Association in Atlanta. GA.
31. **Mullen, P. R.** & Newhart, S. (2018). *Job Stress, Burnout, Job Satisfaction, and Turnover Intentions among College Counselors and Student Affairs Professionals*. Poster session presented at the annual conference of the American College Counseling Association in Charlotte, NC.
32. **Mullen, P. R.** (2017, October). *School Counseling Trainees' Leadership Qualities and Emotional Intelligence*. Poster session at the national conference of the Association of Counselor Education and Supervision in Chicago, IL.
33. **Mullen, P. R.** (2017, October). *Counselor Educators' Preferred Qualities of Candidates for Faculty Positions in Counselor Education*. Career-focused education session at the national conference of the Association of Counselor Education and Supervision in Chicago, IL.
34. **Mullen, P. R.**, & Gutierrez, D. (2017, March). *Burnout, Stress, and Direct Student Services among School Counselors*. Poster session at the national conference of the American Counseling Association in San Francisco, CA.
35. **Mullen, P. R.**, Blount, A. J., Hagedorn, W. B., & Newhart, S. (2017, March). *Counselor Educators' Preferred Qualities of Candidates for Faculty Positions*. Poster session at the national conference of the American Counseling Association in San Francisco, CA.
36. **Mullen, P. R.** & Dillman Taylor, J. (2016, September). *A Presentation and Discussion on Strategies for Participant Identification, Recruitment, and Communication in Survey Research*. Roundtable discussion facilitation at the national conference of the Association for Assessment and Research in Counseling in Fort Lauderdale, FL.
37. **Mullen, P. R.** (2016, September). *Psychometric Properties of the Perceived Stress Scale with a Sample of Practicing School Counselors*. Poster session at the national conference of the Association for Assessment and Research in Counseling in Fort Lauderdale, FL.
38. **Mullen, P. R.**, Blount, A. W., & Fox, J. (2016, March). *Lived Experience of Student-Athletes' Transition from College Athlete to Non-Athlete*. Poster presentation at the national conference of the American Counseling Association in Montréal, QC, Canada.
39. **Mullen, P. R.** & Gutierrez, D. (2016, March). *Application of Motivational Interviewing to Enhance Students' Academic Engagement*. Content session at the national conference of the American Counseling Association in Montréal, QC, Canada.

40. **Mullen, P. R.**, Gutierrez, D., & Fox, J. (2015, October). *Counselor trainees' level of emotional intelligence, empathy, and perceived stress: Findings from an exploratory research investigation conducted at multiple counselor education programs*. Poster session at the national conference of the American Counselor Education and Supervision association in Philadelphia, PA.
41. Lambie, G. W., **Mullen, P. R.**, & Blount, A. W. (2015, October). *The Counselor Competencies Scale—Revised (CCS-R): New research and practical implications*. Poster session at the national conference of the Association for Counselor Education and Supervision in Philadelphia, PA.
42. Swank, J. & **Mullen, P. R.** (2015, October). *Assessing Counseling Students' Competencies: Supervisor, Student, and Client Perspectives*. Roundtable at the national conference of the Association for Counselor Education and Supervision in Philadelphia, PA.
43. **Mullen, P. R.** & Swank, J. (2015, September). *The Art and Science of Scale Development and Validation*. Roundtable discussion facilitation at the national conference of the Association for Assessment and Research in Counseling in Memphis, TN.
44. Swank, J. & **Mullen, P. R.** (2015, September). *Engagement of Supervisors, Students, and Clients in Assessing Counseling Students' Counseling Competency*. Roundtable discussion facilitation at the national conference of the Association for Assessment and Research in Counseling in Memphis, TN.
45. **Mullen, P. R.** & Fox, J. (2015, July). *Individual and Group Activities to Explore Values in Clinical and Educational Settings*. Content session at the national conference of the Association for Spiritual, Ethical, and Religious Values in Counseling in New York, NY.
46. **Mullen, P. R.** (2015, March). *Motivational Interviewing as an Effective Approach to Enhance Student Engagement*. Content session at the national conference of the National Alternative Education Association Annual Conference in Pointe Vedra Beach, FL.
47. Blount, A. & **Mullen, P. R.** (2014, March). *Wellness Matters: Navigating the Discrepancy Between Perceived and Ideal Well-Being in Counselors*. Poster presentation at the national conference of the American Counseling Association in Orlando, FL.
48. **Mullen, P. R.**, Fox, J., Blount, A., & Swank, J. (2014, September). *The Art and Science of Scale Development and Validation*. Round table discussion facilitation at the national conference of the Association for Assessment and Research in Counseling in Moline, IL.
49. **Mullen, P. R.** & Wood, A. (2014, September). *Grant Writing Panel Presentation and Discussion*. Discussion panel facilitation at the national conference of the Association for Assessment and Research in Counseling in Moline, IL.
50. **Mullen, P. R.** & Paxton, C. (2014, April). *Show Me the Grant Money: A Discussion About the Grant Process in Educational Research*. Discussion panel facilitation at the annual conference of the American Educational Research Association in Philadelphia, PA.
51. **Mullen, P. R.** (2014, March). *An Investigation into the Contribution of School Counselors' Wellbeing and Self-Efficacy in Relation to Service Delivery*. Poster session at the national conference of the American Counseling Association in Honolulu, HI.

52. Griffith, C. & **Mullen, P. R.** (2014, March). *Transgender Youth: Strategies for Increasing Safety, Awareness, and Inclusion in Schools*. Poster session at the national conference of the American Counseling Association in Honolulu, HI.
53. Gutierrez, D., Griffith, C, **Mullen, P. R.**, & Fox, J. (2013, September). *Phenomenological Investigation of Men Choosing Counseling as a Career*. Table topic presentation at the national conference of the Association for Counselor Education and Supervision in Denver, CO.
54. **Mullen, P. R.** (2013, September). *Development of the Ethical and Legal Issues in Counseling Self-Efficacy Scale (ELICES)*. Poster session at the national conference of the Association for Counselor Education and Supervision in Denver, CO.
55. **Mullen, P. R.** & Fox, J. (2013, September). *Script Concordance Tests as Measurement Devices in Counseling and Counselor Education*. Round table discussion at the national conference of the Association for Assessment and Research in Counseling in Houston, TX.
56. **Mullen, P. R.** & Fox, J. (2013, September). *Development of the Ethical and Legal Issues in Counseling Self-Efficacy Scale: A Presentation of the Research Methodology, statistical process, and results*. Round table discussion at the national conference of the Association for Assessment and Research in Counseling in Houston, TX.
57. Fox, J. & **Mullen, P. R.** (2013, September). *Development of the Counselor Intuition Scale*. Poster session at the national conference of the Association for Assessment and Research in Counseling in Houston, TX.
58. Kim, A., & **Mullen, P. R.** (2013, April). *Staying in the game: Maintaining research productivity*. Discussion panel facilitation at the annual conference of the American Educational Research Association in San Francisco, CA.
59. **Mullen, P. R.**, Griffith, C, & Sherrell, R. (2013, March). *Results from an Investigation of Alternative Education School Characteristics in the United States*. Poster session at the national conference of the American Counseling Association in Cincinnati, OH.
60. **Mullen, P. R.**, Griffith, C., Greene, J., & Hall, K. (2013, March). *Counselors' Development of Theoretical Orientation: A Consensual Qualitative Research Investigation*. Poster session at the national conference of the American Counseling Association in Cincinnati, OH.
61. Fox, J., & **Mullen, P. R.** (2012, September). *Meta-Analysis and Counseling: Where are We Now?* Content session at the national conference of the Association for Assessment in Counseling and Education in Orlando, FL.
62. **Mullen, P. R.**, Greene, J., & Fox, J. (2012, September). *School Counselor Knowledge Test (SCKT): A Tool for Assessing Student Learning Outcomes for CACREP School Counseling Programs*. Poster session at the national conference of the Association for Assessment in Counseling and Education in Orlando, FL.
63. **Mullen, P. R.**, Lamb, C, & Greene, J. H. (2012, June). *The Ethics of Social Media Use*. Content session at the national conference of the American School Counselor Association, Minneapolis, MN.

64. Lamb, C, Greene, J., & **Mullen, P. R.** (2012, June). *Increasing Safety, Awareness and Inclusion for Transgender Students*. Content session at the national conference of the American School Counselor Association, Minneapolis, MN.
65. **Mullen, P. R.**, Lamb, C, & Greene, J. H. (2012, March). *Social Media: Implications for Professional Counselors*. Poster session at the national conference of the American Counseling Association, San Francisco, CA.
66. Lambie, G., Hayes, G., Limberg, D., Lamb, C., & **Mullen, P. R.** (2012, March). *Factors Influencing Counselor Education Faculty Members' Refereed Article Publication Rates*. Poster session at the national conference of the American Counseling Association, San Francisco, CA.
67. **Mullen, P. R.**, & Gutierrez, D. (2009, March). *Experiential Group Activities for Career Development and Exploration*. Poster session at the national conference of the American Counseling Association in Charlotte, NC.
68. **Mullen, P. R.** (2008, March). *Addictions in the Public School System: Guidelines for Advocacy, Consultation, and Collaboration*. Poster session presentation in 2008 Research to Practice Carousel: Addictions and Offender Counseling at the annual convention of the American Counseling Association in Honolulu, HI.

REGIONAL PEER-REVIEWED PRESENTATIONS

1. Fox, J., & **Mullen, P. R.** (2012, September). *Empowering the resilient counselor: Training the terrified*. Table topic facilitated at the national conference of the Southern Association for Counselor Education and Supervision in Savannah, GA.
2. Gutierrez, D., **Mullen, P. R.**, Fox, J., & Zeilgman, M. (2012, September). *Teaching spirituality: Experiential activities for integrating spiritual competency in counselor education*. Table topic facilitated at the national conference of the Southern Association for Counselor Education and Supervision in Savannah, GA.
3. Christmas, C., & **Mullen, P. R.** (2012, September). *Pathways for engagement: Experiential activities to energize counselors in training*. Content session presentation at the national conference of the Southern Association for Counselor Education and Supervision in Savannah, GA.

STATE PEER-REVIEWED PRESENTATIONS

1. **Mullen, P. R.**, Markland, S., & Clemo, V. (2019, October). *Strategies for Implementing Mentorship Programs*. Content session presentation at the state conference of the Virginia School Counselor Association in Hampton, VA.
2. **Mullen, P. R.** (2019, October). *Supporting First Year School Counselors Through a Virtual Induction Program*. Content session presentation at the state conference of the Virginia School Counselor Association in Hampton, VA.
3. **Mullen, P. R.** & Sperandio, K. (2018, October). *Building Social Capital in Students through Mentoring*. Content session at the state conference of the Virginia School Counselor Association in Hampton, VA.

4. **Mullen, P. R.** (2017, October). *School Counselors Application of Motivational Interviewing with Academically Disengaged Students*. Content session presentation at the state conference of the Virginia School Counselor Association in Hampton, VA.
5. **Mullen, P. R.** (2016, November). *The Application of Motivational Interviewing to Enhance Students' Academic Engagement*. Content session presentation at the state conference of the Virginia Counselor Association in Williamsburg, VA.
6. **Mullen, P. R.** (2016, October). *School Counselors Application of Motivational Interviewing with Academically Disengaged Students*. Content session presentation at the state conference of the Virginia School Counselor Association in Hampton, VA.
7. **Mullen, P. R.** (2016, October). *Strictly Wellness: School Counselors Helping Themselves with Career Sustaining Behaviors*. Content session presentation at the state conference of the Virginia School Counselor Association in Hampton, VA.
8. **Mullen, P. R.** (2015, November). *Motivational Interviewing as an Effective Approach to Enhance Student Engagement*. Content session presentation at the state conference of the North Carolina School Counselor Association in Greensboro, NC.
9. **Mullen, P. R.** & Gutierrez, D. (2015, February). *School Counselors Application of Motivational Interviewing with Unmotivated and Academically Disengaged Students*. Content session presentation at the state conference of the North Carolina Counseling Association in Greensboro, NC.
10. **Mullen, P. R.** & Gutierrez, D. (2015, February). *Counselor Trainees' Level of Emotional Intelligence, Empathy, and Perceived Stress: A Report of Findings from an Exploratory Investigation*. Content session presentation at the state conference of the North Carolina Counseling Association in Greensboro, NC.
11. **Mullen, P. R.** (2013, November). *The Resilient School Counselor: Strategies for Well-Being and Career Satisfaction*. Content session presentation at the state conference of the Florida School Counselor Association in Tampa, FL.
12. Gutierrez, D., & **Mullen, P. R.** (2013, May). *Resistance in Schools*. Paper presented at the Florida Literacy Coaches Association Annual Symposium in Orlando, FL.
13. **Mullen, P. R.**, & Fox, J. (2012, October). *The Resilient Counselor: Self-Care Strategies to Enhance and Maintain Wellbeing*. Content session presentation at the state conference of the Florida Counseling Association in Brandon, FL.
14. **Mullen, P. R.**, Greene, J., & Lamb, C. (2011, October). *Pathways to Engagement: Experiential Activities to Energize the Disengaged Client*. Content session presentation at the state conference of the Florida Counseling Association in Orlando, FL.
15. **Mullen, P. R.**, Johnston, T., & Thompson, L. (2011, October). *Legislation and Counseling: How does this Work?* Content session presentation at the state conference of the Florida Counseling Association in Orlando, FL.

16. **Mullen, P. R.**, Gutierrez, D., & Super, J. (2010, October). *Counselor Meets World: The Progression from Graduate Students to Practicing Counselors*. Content session presentation at the state conference of the Florida Counseling Association in Miami, FL.
17. **Mullen, P. R.**, & Gutierrez, D. (2009, November). *The World through the Eyes of an Angry Adolescent: An Exploratory Presentation on Ego Development and its Relationship with Angry or Violent Clients*. Content session presentation at the state conference of the Florida Counseling Association in Miami, FL.
18. Gutierrez, D., **Mullen, P. R.**, & Molina, R. (2009, November). *Integration versus Segregation: Applications of the Spiritual Competencies in Counselor Education Programs*. Content session presentation at the state conference of the Florida Counseling Association in Miami, FL.
19. **Mullen, P. R.** (2008, November). *Addictions in the Public School System: Guidelines for Advocacy, Consultation, and Collaboration*. Table topic presentation at the state conference of the Florida Counseling Association in Daytona Beach, FL.
20. **Mullen, P. R.** (2008, November). *Career Counseling: Working with Student-Athletes at High School and College Level*. Content session presentation at the state conference of the Florida Counseling Association in Daytona Beach, FL.
21. Young, T., Hagedorn, W. B., **Mullen, P. R.**, & Hirshhorn, M. (2008, November). *Operating a Community Counseling Clinic*. Content session presentation at the state conference of the Florida Counseling Association in Daytona Beach, FL.
22. **Mullen, P. R.** (2008, October). *Career Counseling: Working with Student-Athletes at High School and College Level*. Content session presentation at the state conference of the Florida School Counseling Association in Orlando, FL.
23. Hagedorn, W. B., Young, T., **Mullen, P. R.**, & Smith, T. (2007, November). *Helping Children & Adolescents who Struggle with Addictive and Impulsive Behaviors: What's a Counselor to do?* Learning institute presentation at the state conference of the Florida Counseling Association in Daytona Beach, FL.

LOCAL AND COMMUNITY PRESENTATIONS

1. **Mullen, P. R.** (2018, August). *School Counselors Application of Motivational Interviewing with Academically Disengaged Students*. Professional development workshop facilitated for Hopewell School District in Hopewell, VA.
2. **Mullen, P. R.** (2015; held twice). *Introduction to Motivational Interviewing*. Professional development workshop offered in Greenville, NC.
3. **Mullen, P. R.** (2015). *Finding your Inner Superhero: Leadership based on personal strengths*. Invited Chi Sigma Iota Induction Ceremony Speaker in Greenville, NC.
4. **Mullen, P. R.** (2012, February). *Pathways to Engagement: Experiential Activities to Energize the Disengaged Client*. Content session presentation at the fourth annual counseling conference for the University of Central Florida in Orlando, FL.

5. Gutierrez, D. & **Mullen, P. R.** (2012, February) *PowerPoint's, Posters, and Pointers: A Guide to Submitting and Delivering Professional Presentations*. Content session presentation at the fourth annual counseling conference for the University of Central Florida in Orlando, FL.
6. **Mullen, P. R.** (2010, December). *At Potential versus At-Risk: Viewing Students in a Bright Light*. A 60-minute speaker session at a community sponsored event in Longwood, Florida.
7. **Mullen, P. R.** (2010, February). *At Potential versus At-Risk: Viewing Students in a Bright Light*. A 60-minute speaker session at a community sponsored event in Winter Park, Florida.
8. **Mullen, P. R.**, Ieva, K., & Swank, J. (2009, April) *Professional School Counselors' Level of Ethical and Legal Knowledge, Ethical Decision-Making and Social-Cognitive Development: An Exploratory Investigation*. Presented at the Sixth Annual Graduate Research Forum for the University of Central Florida Orlando, FL.
9. **Mullen, P. R.** (2008, September). *Process Addictions: The Newest Fad*. Breakout paper presentation for Orange County Public School in-service training for School Counselors, Orlando, FL.
10. **Mullen, P. R.** (2008, September). *Career Counseling: Working with Student-Athletes at the High School and College Level*. Breakout paper presentation for Orange County Public School in-service training for School Counselors in Orlando, FL.

TEACHING AND SUPERVISION EXPERIENCE

COURSE TAUGHT AT WILLIAM & MARY (2016-2023)

COURSE TITLES

Research in Counselor Education (PhD Course, Spring 2022)
 Supervised Internship in School Counseling (Spring 2022; Fall 2022)
 Professional, Ethical and Legal Issues in Counseling (Fall 2021)
 Psychological and Educational Measurement (Summer 2020, Fall 2021)
 Supervised Practicum in Counseling (Spring 2020)
 Intro to Professional School Counseling (Summer 2019, 2020; Fall 2019, 2020, 2021, 2022)
 Individual Appraisal (PhD Course, Spring 2019, Spring 2021)
 Techniques of Counseling (Fall 2018)
 Research Methods in Education (Summer 2017, 2018, 2022, 2023; Spring 2022)
 Advanced Issues in Professional School Counseling (Spring 2017, 2018, 2019, 2020; Fall 2020)
 Theory and Process of Counselor Supervision (PhD Course; Fall 2017, 2018, 2019)
 Theories and Strategies for Counseling School-Aged Children (Fall 2016, 2017; Summer 2023)
 Advanced Group Work and Theory (PhD Course; Summer 2017)
 Theories of Counseling and Psychotherapy (Fall 2016)

COURSE TAUGHT AT EAST CAROLINA UNIVERSITY (2014-2016)

COURSE TITLES

Career Development and Counseling (Spring 2015)
 Counseling Internship I (Spring 2016)
 Counseling Internship II (Fall 2014)
 Counseling Skill and Techniques (Fall 2014, Summer 2015, Fall 2015)
 Individual Analysis (Spring 2015, Fall 2015, Spring 2016)
 Student Development & Learning in Higher Education (Undergraduate, Fall 2015, Spring 2016)

COURSE TAUGHT AT UNIVERSITY OF CENTRAL FLORIDA (2011-2014)**COURSE TITLES**

Coordination of Comprehensive School Counseling Programs (teaching assistant; Spring 2012)
Ethical and Legal Issues in Counseling (teaching assistant, Summer 2011)
Group Procedures and Theories in Counseling (Spring 2013)
Internship in Professional School Counseling (teaching assistant, Spring 2012)
Introduction to Counseling (teaching assistant, Fall 2011, Spring 2012)
Issues & Research in Education (doctoral level; teaching assistant, Summer 2013)
Legal and Ethical Issues in Professional School Counseling (Spring 2011)
Practicum I (teaching assistant, Fall 2012, Spring 2013)
Techniques of Counseling (Fall 2012)

DOCTORAL DISSERTATION COMMITTEES

CHAIR

Walker, M. (2020-2023). *Development of the Thriving in Eating Recovery Scale: A measure for life beyond disorder.*

Niles, J. (2023). *Measuring the impact of a school-based contemplative practice for adolescents* (Publication No. 30316465)[Doctoral Dissertation, William & Mary]. ProQuest Dissertations & Theses Global. <https://doi.org/10.25774/w4-wtnh-wp80>

Hinchey, K. (2022). *Social comparison: An unexplored factor in counselor development.* (Publication No. 29209213)[Doctoral Dissertation, William & Mary]. ProQuest Dissertations & Theses Global. <https://doi.org/10.25774/w4-9cqw-mp88>

Backer, A. (2021). *The effect of supervision training for school counselors on supervision knowledge and supervisor self-efficacy* (Publication No. 28720541)[Doctoral Dissertation, William & Mary]. ProQuest Dissertations & Theses Global. <https://scholarworks.wm.edu/etd/1638386742>

Chae, N. M. (2020). *U.S. high school counselors' experiences of gatekeeping with underrepresented students in the international baccalaureate diploma program* (Publication No. 27957620)[Doctoral Dissertation, William & Mary]. ProQuest Dissertations & Theses Global. <http://doi.org/10.25774/w4-2c7r-v194>

Co-CHAIR

Neve, A. H. (2017). *An evaluation of a non-traditional program for high school student.* (Publication No. 10268589)[Doctoral Dissertation, William & Mary]. ProQuest Dissertations & Theses Global. <http://doi.org/10.21220/W4B36R>

MEMBER

Mason, N (2021). *Leaning on one another: An exploration of the relationship among social connection, alcohol use, resilience, and loneliness in LGBTQ+ college students.* (Publication No. 28499187)[Doctoral Dissertation, William & Mary]. ProQuest Dissertations & Theses Global. <http://doi.org/10.25774/w4-d7e6-4m69>

Newhart, S. (2019). *The influence of family functioning on social competence, social support, and mental health among college students*. (Publication No. 13858710)[Doctoral Dissertation, William & Mary]. ProQuest Dissertations & Theses Global. <http://doi.org/10.25774/w4-d6rh-z193>

Tuazon, V. (2018). *Posttraumatic growth of young adults who experienced a parental death during adolescence: an Eriksonian Developmental perspective*. (Publication No. 10815333)[Doctoral Dissertation, William & Mary]. ProQuest Dissertations & Theses Global. <http://doi.org/10.25774/w4-2knj-hf92>

Wagner, N. (2018). *Factors that contribute to and mediate master's level counseling students' interest in working with older adults*. (Publication No. 10814259)[Doctoral Dissertation, William & Mary]. ProQuest Dissertations & Theses Global. <http://doi.org/10.25774/w4-gfnc-d679>

EDITORIAL BOARD EXPERIENCE

- 2023-2026 *Editorial Board Member*, Counselor Education and Supervision, Association for Counselor Education and Supervision
- 2019-2024 *Editor*, Journal of School-based Counseling Policy and Evaluation (JSCPE), The International Society for Policy Research and Evaluation in School-Based Counseling
- 2019-2025 *Associate Editor*, Counseling and Values, Association for Spiritual, Ethical and Religious Values in Counseling
- 2018-2024 *Editorial Board Member*, Journal of Counseling and Development, American Counseling Association
- 2017-2023 *Editorial Board Member*, Measurement and Evaluation in Counseling and Development, Association for Assessment and Research in Counseling
- 2014-2019 *Editorial Board Member*, Counseling and Values, Association for Spiritual, Ethical and Religious Values in Counseling (two terms)
- 2014-2020 *Editorial Board Member*, Counseling Outcome Research and Evaluation, Association for Assessment and Research in Counseling (two terms)
- 2014-2021 *Editorial Board Member*, Journal of Professional Counseling: Practice, Theory, and Research, Texas Counseling Association
- 2013-2016 *Editorial Board Member*, Journal of School Counseling, Montana State University
- 2013-2014 *Editorial Assistant*, Counseling and Values, Association for Spiritual, Ethical and Religious Values in Counseling

PROFESSIONAL LEADERSHIP AND SERVICE

NATIONAL

- 2022-2025 *Member at Large – Membership*, Association for Assessment and Research in Counseling

- 2021-2024 *Member of the Public Policy and Legislation Committee*, American Counseling Association
- 2020-2022 *Program Co-Chair for Counseling*, Division E of the American Educational Research Association
- 2019-2022 *Assessment Committee Chair*, Association for Assessment and Research in Counseling
- 2017-2020 *Executive Board Member*, Association for Spiritual, Ethical and Religious Values in Counseling
- 2015-2017 *Conference Co-Coordinator*, Association for Spiritual, Ethical and Religious Values in Counseling
- 2012-2014 *Junior & Senior Graduate Student Representative*, Division E of the American Educational Research Association
- 2012-2014 *Student Member*, Ethics Committee, American Counseling Association
- 2011-2013 *Member*, Innovative Techniques Committee, International Association of Addictions and Offenders Counseling
- 2012 *ACA Representative*, Centers for Disease Control and Prevention's Safe and Supportive Schools Project, American Counseling Association
- 2010-2011 *Chair*, Legislative and Public Policy Committee, International Association of Addictions and Offenders Counseling

REGIONAL, STATE, AND LOCAL

- 2022-current *Regional Leader (Division 3) for School Counseling*, Virginia Department of Education
- 2016-2023 *Member*, School Counseling Advisory Committee, Newport News School District
- 2018-2019 *Diversity Leadership Development Taskforce Co-Chair*, Southern Association for Counselor Education and Supervision
- 2015-2016 *Member*, Ethics Committee, North Carolina School Counseling Association
- 2012-2014 *Chair*, Student Network, American Counseling Association Southern Region
- 2011-2012 *Representative*, Region Representative to the Executive Board, Florida Counseling Association
- 2010-2011 *Representative*, Division Presidents Representative to the Executive Board, Florida Counseling Association
- 2009-2013 *President and Past President*, Florida Association for Child and Adolescent Counseling
- 2008-2009 *Member*, Legislative and Public Policy Committee, Florida School Counseling Association

UNIVERSITY AND PROGRAMATIC

- 2020-2023 *Coordinator*, Counselor Education Program in the School of Education, William & Mary
- 2020-2023 *Member*, Faculty Hearing Committee, William & Mary
- 2018-2023 *Co-Advisor*, Omega Mu Chapter of Chi Sigma Iota Honor Society in the School of Education, William & Mary
- 2018-2023 *Coordinator*, School Counseling Program in the School of Education, William & Mary
- 2017- 2023 *Designated Faculty Director*, Project Empower in the School of Education, William & Mary
- 2022 *Chair*, Search Committee for Flanagan Counselor Education Clinic Director, William & Mary
- 2022 *Chair*, Search Committee for Counselor Education Faculty Positions, William & Mary
- 2021-2022 *New Faculty Mentor*, Studio for Teaching & Learning Innovation, William & Mary
- 2021 *Member*, Search Committee for Counselor Education Faculty Positions, William & Mary
- 2018-2020 *Faculty Advisor*, Graduate Education Association in the School of Education, William & Mary
- 2020 *Chair*, Search Committee for Counselor Education Faculty Positions, William & Mary
- 2017-2020 *Member*, Athletic Policy Advisory Committee, William & Mary
- 2017-2020 *Member*, Faculty Executive Committee for the School of Education, William & Mary
- 2017-2020 *Member*, Faculty Affairs Committee for the School of Education, William & Mary
- 2022 *Member*, Search Committee for School Psychology Faculty Position, William & Mary
- 2017 *Member*, Search Committee for School of Education Registrar, William & Mary
- 2015-2015 *Chair*, Search Committee for Counselor Education program, East Carolina University
- 2015-2016 *Co-Chair*, College of Education Advisory Council, East Carolina University
- 2015-2015 *Member*, College of Education Assessment Review Committee, East Carolina University
- 2014-2016 *Member*, College of Education Advisory Council, East Carolina University
- 2014-2016 *Member*, College of Education Awards Committee, East Carolina University
- 2014-2016 *Coordinator*, Counselor Education Unit Assessment Coordinator, East Carolina University

2012-2013 *Vice President*, Counselor Education Doctoral Student Organization, University of Central Florida

OTHER SERVICE ACTIVITIES

- 2023 Proposal Reviewer, AERA 2024 Annual Meeting, Philadelphia, Pennsylvania
- 2022 Proposal Reviewer, AERA 2023 Annual Meeting, Chicago, Illinois
- 2018 Invited Ad Hoc Grant Reviewer, National Science Foundation
- 2018 Invited Grant Panel Reviewer, National Science Foundation
- 2017 Proposal Reviewer, ACA 2018 Annual Conference, Orlando, Florida
- 2017 Proposal Reviewer, ACES 2017 Annual Conference, Chicago, Illinois
- 2016 Proposal Reviewer, SACES 2016 Annual Conference, New Orleans, Louisiana
- 2016 Submission Reviewer (Invited), ACA 2016 Graduate Student Essay Competition
- 2014 Proposal Reviewer, ACA 2015 Annual Conference, Orlando, Florida
- 2013 Proposal Reviewer, ACA 2014 Annual Conference, Honolulu, Hawaii
- 2013 Proposal Reviewer, ACES 2013 Annual Conference, Denver, Colorado
- 2012 Submission Reviewer, Foundation Student Essay Contest, American Counseling Association Foundation
- 2012 Proposal Reviewer, ACA 2013 Annual Conference, Cincinnati, Ohio
- 2012 Member, Conference Planning Committee, Association for Assessment in Counseling and education
- 2011 Proposal Reviewer, ACA 2012 Annual Conference, San Francisco, California

AWARDS AND RECOGNITIONS

- 2023 **Chi Sigma Iota Outstanding Chapter Faculty Advisor Award**
Recognizes outstanding members who mentor, lead, and support the new leaders of the profession through their university chapter of CSI.
- 2020 **American Counseling Association's Best Practices Research, Faculty Award**
Recognizes a best practices research project conducted by a counselor educator faculty member.
- 2019 **Association for Assessment and Research in Counseling's Patricia B. Elmore Award for Outstanding Research in Measurement and Evaluation**

Recognizes an outstanding publication in the Measurement and Evaluation in Research and Development Journal. Selected by journal editor.

- 2018 **Southern Association for Counselor Education and Supervision's Locke-Paisley Outstanding Mentoring Award**
Recognizes individual educators from the Southern Association for Counselor Education and Supervision's region whose mentorship impacts students and colleagues in extensive ways.
- 2016 **American Educational Research Association – Division E Career Faculty and Researchers Mentoring Seminar**
A training program for early career higher education professionals who are members of Division E of the American Educational Research Association. Attendees are selected from a pool of applicants.
- 2014 **American Counseling Association's Glen E. Hubele National Graduate Student Award**
Recognizes outstanding scholarship by an American Counseling Association student member.
- 2013 **Association for Assessment and Research in Counseling's Doctoral Exemplary Research and Practice Award**
Recognizes doctoral-level students who have shown a dedication to the mission of AARC through their use of assessment and/or evaluation practices, or their contributions as a scholar in the counseling field.
- 2013 **Association for Counselor Education and Supervision Emerging Leaders Fellow**
A training program for new counselor educator who are members of the Association for Counselor Education and Supervision. Attendees are selected from a pool of applicants.
- 2013 **American Educational Research Association – Division E Emerging Leader Fellow**
A training program for doctoral student members of Division E of the American Educational Research Association. Attendees are selected from a pool of applicants.
- 2011 **Teacher of the year at Journeys Academy (as a school counselor)**
Recognizes a standout teacher for the school year based on a principal nomination and vote by school staff members.
- 2011 **Florida Counseling Association's Most Proactive and Innovative Division Leader**
Recognizes a state division leader who facilitated novel approaches to developing the division and broader counseling association.
- 2010 **Florida Counseling Association's Member of the Year**
Recognizes a member of the Florida Counseling Association who stands out as an exemplary member within the organization.
- 2009 **Recipient of the American Counseling Association Ross Trust Scholarship Award**
Recognizes academic excellent and volunteerism among counselors aspiring to work in educational environments.

- 2009 **Chi Sigma Iota, Upsilon Chi Chapter, Outstanding Masters Student of the Year**
Recognizes students that have excelled in scholarship, extracurricular involvements, service to the chapter, and evidence of excellence and commitment to the profession.
- 2008 **IAAOC Student Scholarship for American Counseling Association Convention**
A competitive scholarship for student members of IAAOC.

PROFESSIONAL MEMBERSHIP AND AFFILIATIONS

- 2012-current Association for Assessment and Research in Counseling (AARC)
- 2012-current Association for Counselor Education and Supervision (ACES)
- 2012-current Southern Association for Counselor Education and Supervision (SACES)
- 2007-current American Counseling Association (ACA)
- 2007-current Chi Sigma Iota (CSI)
- 2007-2021 American School Counselor Association (ASCA)
- 2013-2020 Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)
- 2012-2022 Division E of the American Educational Research Association