

Faculty Curriculum Vitae

Date of Preparation: February 21, 2019

Personal Information

Wheeler, Naomi Joy

Office:

1015 W. Main St.
P.O. Box 842020
Richmond, VA 23284-2020
njwheeler@vcu.edu

Licensure

Licensed Mental Health Counselor

Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental
Health Counseling
MH 15264
July 2017 – present

National Certified Counselor

National Board for Certified Counselors
Number 313072
October 2012 – present

Education

Doctorate of Philosophy May 2017
Education, Counselor Education
University of Central Florida
Orlando, Florida

Master of Arts May 2011
Counselor Education, Mental Health Counseling
University of Central Florida
Orlando, Florida

Master of Science December 2003
Recreation Studies, Therapeutic Recreation
University of Florida
Gainesville, Florida

Bachelor of Science May 2001
Psychology
University of Florida
Gainesville, Florida

Academic Appointments and Significant Work Experience

Assistant Professor, Counselor Education

Virginia Commonwealth University, School of Education
Richmond, Virginia

August 2017 – present (full-time)

Graduate Teaching:

CLED 602 SL: Techniques in Counseling

CLED 604: Practicum in PK-12 School Counseling

CLED 608: Practicum in Student Affairs

CLED 672: Internship: College Student Development and Counseling

CLED 730: Advanced Counseling Theory and Practicum

Undergraduate Teaching:

EDUS 494: Diversity and Human Relations

EDUS 494: Career Development for Human Services Professionals

Counselor

Community Counseling and Research Center

University of Central Florida

May 2016 – May 2017

Executive Director

Marriage and Family Research Institute

University of Central Florida

May 2014 – October 2015

Project Director

Project TOGETHER

Marriage and Family Research Institute

University of Central Florida

July 2012 – October 2015

Family Service Counselor

Marriage and Family Research Institute

University of Central Florida

October 2011 – July 2012

Counselor Intern

Kid's House of Seminole Inc.
Sanford, Florida
August 2010 – May 2011

Recreation Therapist

Tampa Bay Academy
Riverview, Florida
August 2004 – January 2009

Areas of Special Interest within Profession

Couples and Families	Childhood adversity and Trauma
Stress and Resilience	Relational Health
Health Disparities	Psychoneuroimmunology

Membership in Professional Organizations

American Counseling Association (ACA)
Association for Counselor Education and Supervision (ACES)
Southern Association for Counselor Education and Supervision (SACES)
Association for Assessment and Research in Counseling (AARC)
Association for Play Therapy (APT)
Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)
National Council on Family Relations (NCFR)
Chi Sigma Iota (CSI)

Special Awards

2018	Virginia Commonwealth University, School of Education <i>Charles P. Ruch Award for Excellence in Teaching</i>
2017	Association for Counselor Education and Supervision (ACES), <i>Outstanding Dissertation Award</i>
2017	American Counseling Association (ACA), <i>Glen E. Hubele National Graduate Student</i>
2016	Southern Association of Counselor Educators and Supervisors (SACES), <i>Emerging Leader</i>
2016	Association for Assessment and Research in Counseling (AARC), <i>Exemplary Research and Practice Award: Doctoral Level</i>

2016 University of Central Florida College of Graduate Studies, *UCF Graduate Research Forum Best in Category (Education) Award*

Major Committees

Department

Faculty Co-Advisor, Chi Sigma Iota, Omega Lambda Iota
2017-present

National

Editorial Board Member, *Journal of Counseling and Development*
2018-2021

Editorial Board Member, *Counseling Outcome Research and Evaluation*
2017-2019

Editorial Board Member, *Counseling and Values*
2017-2020

Membership Committee Member, Association for Counselor Educators and Supervisors (ACES)
2017-present

Other Significant Professional Experience

Consortium for Family Strengthening Research (CFSR). *August 2014—present*. A multi-university initiative of actively engaged researchers who conduct innovative externally funded research and disseminate scholarship around issues of family science and relational health along with the mentorship of junior faculty and doctoral students. Faculty and doctoral student collaboration agreement between the University of South Carolina, Virginia Commonwealth University, Texas A&M University - Corpus Christi, Virginia Tech, and the College of William and Mary. CFSR webpage at:

https://sc.edu/study/colleges_schools/education/research/cfsr/index.php

Family and Relational Stress and Health (FReSH) Research Lab. *August 2018 – present*. A research mentorship student group with the vision to “advance health equity by understanding the influence of ‘how we love’ on ‘those we love’ and the overall mission “to promote and advance the science associated with family and relational stress and health.” FReSH webpage at:

<https://rampages.us/njwheeler/>

Bibliography: Selected refereed papers and articles published

12. Belser, C., **Wheeler, N.**, Bierbrauer, S., Solomon, C., Harris, S., Crunk, E., & Lambie, G. (2018). The experiences of counselors-in-training in a school-based mental health counseling practicum. *Journal of Counselor Preparation and Supervision, 11*(2).
11. **Wheeler, N.**, Daire, A., Barden, S., & Carlson, R. (2018). Relationship distress as a mediator of adverse childhood experiences and health: Implications for clinical practice and policy. *Family Process*. DOI: 10.1111/famp.12392
10. **Wheeler, N.**, Harris, S., & Young, M.E. (2018). Relationship educator experiences of couple improvement and group dynamics in relationship education with low-income couples. *The Family Journal, 26*(2), 174-184.
9. Daire, A., Liu, X., Tucker, K., Williams, B., Broyles, A., & **Wheeler, N.** (2018). Positively impacting maternal stress and parental adjustment through community-based relationship education. *Marriage and Family Review*.
8. Carlson, R., **Wheeler, N.**, & Adams, J. (2018). The influence of individual-oriented relationship education on equality and conflict-related behaviors. *Journal of Counseling and Development, 96*, 144-154.
7. Daire, A., Liu, X., Williams, B., Tucker, K., **Wheeler, N.**, Moumouris, T., Leikweg, K., & Peoples, T. (2017). Examining RE and emotional distress in a population with existing cardiovascular disease risk factors and those without. *The Family Journal, 25*(4), 291-300.
6. Carlson, R., Rogers, T., **Wheeler, N.**, Kelchner, V., & Griffith, S. (2017). The continuum of conflict and control relationship scale (CCC-RS): Psychometrics for a measure designed to discriminate among types of intimate partner violence. *Measurement and Evaluation in Counseling Development, 1*-15.
5. Gonzalez, J., **Wheeler, N.**, & Daire, A. (2017). Exploratory analyses of cognitive schemas for child and adolescent sexual abuse survivors: Implications for the Research to Practice Gap. *Journal of Mental Health Counseling, 39*(1), 25-38.
4. Carlson, R. G., Case Pease, J., **Wheeler, N.**, Liu, X., McDonald, J., & Strawn, L. (2017). The characteristics of couples who attend family services counselor visits in relationship education. *Marriage and Family Review, 53*(1), 48-64.
3. Solomon, C., Belser, C., Bierbrauer, S., Harris, S., **Wheeler, N.**, Crunk, E., & Lambie, G. (2016). The Experiences of Elementary School Students and Their Caregivers with a School-based Counseling Program. *Journal of Child and Adolescent Counseling*.
2. **Wheeler, N.**, & Dillman Taylor, D. (2016). Integrating interpersonal neurobiology with play therapy. *International Journal of Play Therapy, 25*(1), 24-34.

1. **Wheeler, N., & Jones, D.** (2015). DSM-5 PTSD in children 6 years and younger: Implications for assessment and treatment. *Journal of Child and Adolescent Counseling, 1*(2), 119-134.

Books/Chapters published

2. **Wheeler, N., & Deitz, M.** (in press). Ethical considerations for counseling stepfamilies. In J. Gold (Ed.) *Intervening for Stepfamily Success: One Case, Multiple Perspectives* (pp. 103-113). Alexandria, VA: American Counseling Association.
1. Dillman Taylor, D., & **Wheeler, N.** (2017). Integrating interpersonal neurobiology into the play therapy process: Advancing Adlerian play therapy. In *Emerging Research in Play Therapy, Child Counseling and Consultation*. Hershey, PA: IGI Global.

Professional Presentations: Selected Refereed Professional Presentations

39. **Wheeler, N.,** Griffith, S.A., Liu, X., Dominguez, V., & Case Pease, J. (2018, November). *Relationship satisfaction trajectories among low-income ethnic minority couples after intervention*. National Council on Family Relations (NCFR) 80th Annual Conference. San Diego, CA.
38. **Wheeler, N. & Griffith, S.A.** (2018, November). *Adverse Childhood Experiences in Relationship Education: A Public Health Opportunity*. National Council on Family Relations (NCFR) 80th Annual Conference. San Diego, CA.
37. **Wheeler, N.J.,** Carlson, R.G., & Liu, X. (2018, November). *Impact of Social Capital on Family Relationships for Low-Income Couples in Relationship Education*. National Council on Family Relations (NCFR) 80th Annual Conference. San Diego, CA.
36. Carlson, R.G., & **Wheeler, N.J.** (2018, October). *Impact of social capital on family relationships for low-income couples*. Southern Association of Counselor Educators and Supervisors (SACES). Myrtle Beach, South Carolina.
35. **Wheeler, N.** (2018, October). *The counselor educator's role in cultivating health equity with low-income populations*. Southern Association of Counselor Educators and Supervisors (SACES). Myrtle Beach, South Carolina.
34. Dominguez O'Hare, V., Kozachuk, L., & **Wheeler, N.** (2018, September). *The influence of relationship education intervention on the parental and family adjustment of diverse parents of children with disabilities*. Association for Assessment and Research in Counseling (AARC). Richmond, Virginia.
33. **Wheeler, N.** (2018, September). *Adverse childhood experiences in counselor education: A public health opportunity*. Association for Assessment and Research in Counseling (AARC). Richmond, Virginia.

32. Daire, A.P., & **Wheeler, N.J.** (2018, April). *Community-Engaged Research for Counselor Educators: Challenges and Opportunities*. American Counseling Association (ACA). Atlanta, Georgia.
31. Gnilka, P.B., Liu, X., Carlson, R.G., Kozachuk, L., & **Wheeler, N.J.** (2018, April). *Couple's Marital Satisfaction and Wellness*. American Counseling Association (ACA). Atlanta, Georgia.
30. **Wheeler, N.** (2017, November). *Relationship quality as a dyadic mediator of childhood adversity and health*. National Council on Family Relations (NCFR) Annual Conference. Orlando, Florida.
29. **Wheeler, N.**, Carlson, R., & Griffith, S. (2017, October). *Addressing income-based health disparities: Implications from the research*. Association for Counselor Education and Supervision Annual Conference (ACES). Chicago, Illinois.
28. **Wheeler, N.** (2017, September). *Evaluation of the OQ45.2 with a Community Sample of Individuals with Low-Income*. Association for Assessment and Research in Counseling (AARC). Phoenix, Arizona.
27. Schmidt, M.K., **Wheeler, N.**, & Jones, L.K. (2017, March). *The future of integrating neuroscience into the counseling profession: Graduate student involvement in the ACES neuroscience interest network*. American Counseling Association (ACA). San Francisco, California.
26. **Wheeler, N.**, & Daire, A. (2017, March). *Exploratory Analyses of Cognitive Schemas for Child Sexual Abuse Survivors*. American Counseling Association (ACA). San Francisco, California.
25. Barden, S., & **Wheeler, N.** (2017, January). *Expanding your toolbox: Techniques for working with couples*. Invited presentation at the UCF 9th Annual Counseling Conference. Orlando, Florida.
24. Dillman Taylor, D. & **Wheeler, N.** (2017, January). *Fostering resilience in child counseling: Linking neurobiology to the play therapy process*. UCF 9th Annual Counseling Conference. Orlando, Florida.
23. **Wheeler, N.** (2017, January). *The role of adverse childhood experiences (ACE) in adult relationship quality and health*. UCF 9th Annual Counseling Conference. Orlando, Florida.
22. Carlson, R., **Wheeler, N.**, Wymer, B.C., & Hipp, C.J. (2016, September). *Individual-oriented relationship education and changes in risk for intimate partner violence*. Southern Association of Counselor Educators and Supervisors (SACES). New Orleans, Louisiana.
21. **Wheeler, N.**, Daire, A., Barden, S., & Carlson, R. (2016, September). *Connections between Adverse Childhood Experiences, Intimate Partner Relationship Quality*

and Health. Southern Association of Counselor Educators and Supervisors (SACES). New Orleans, Louisiana.

20. Gonzalez, J. & **Wheeler, N.** (2016, September). *Exploratory Analyses of Cognitive Schemas for Child and Adolescent Sexual Abuse Survivors*. Florida Counseling Association (FCA). Orlando, Florida.
19. Dillman Taylor, D. & **Wheeler, N.** (2016, September). *Fostering Resilience in Child Counseling: Linking Neurobiology to the Play Therapy Process*. Southern Association of Counselor Educators and Supervisors (SACES). New Orleans, Louisiana.
18. Bierbrauer, S., **Wheeler, N.**, Belser, C., & Harris, S. (2016, September). *Predicting Counselor Competency*. Association for Assessment and Research in Counseling (AARC). Ft. Lauderdale, Florida.
17. **Wheeler, N.**, Daire, A., Barden, S., & Carlson, R. (2016, September). *Exploring Adverse Childhood Experiences as a Moderator of Individual Distress Outcomes from Individual-Oriented Relationship Education*. Association for Assessment and Research in Counseling (AARC). Ft. Lauderdale, Florida.
16. Flasch, P., **Wheeler, N.**, Crunk, E., & Robinson, E. (May 2016). *Navigating new relationships during recovery from intimate partner violence: A phenomenological investigation of female survivors' experiences*. British Association for Counselling and Psychotherapy (BACP) Research Conference, Brighton, England.
15. Crunk, E., **Wheeler, N.**, Acquaye, H., Robinson, E., & Robinson, S. (May 2016). *A qualitative investigation of altruistic caring and client outcomes in counseling relationships*. British Association for Counselling and Psychotherapy (BACP) Research Conference, Brighton, England.
14. **Wheeler, N.**, & Griffith, S. (March/April, 2016). *DSM 5 PTSD in children six years and younger: Implications for assessment and treatment*. American Counseling Association (ACA) Annual Conference, Montreal, Canada.
13. Daire, A., **Wheeler, N.**, & Carlson, R. (March/April, 2016). *The triadic model: A holistic approach for working with low-income families*. American Counseling Association (ACA) Annual Conference, Montreal, Canada.
12. Harris, S., & **Wheeler, N.** (March/April, 2016). *Poverty as an adverse childhood experience: Implications for counselors*. American Counseling Association (ACA) Annual Conference, Montreal, Canada.
11. Barden, S., & **Wheeler, N.** (2016, February). *Skills for working with couples*. UCF 8th Annual Counseling Conference. Orlando, Florida.

10. **Wheeler, N.** (2016, February). *Integrating Interpersonal Neurobiology in Couples Counseling*. UCF 8th Annual Counseling Conference. Orlando, Florida.
9. Carlson, R., Rogers, T., **Wheeler, N.**, & Kelchner, V. (2015, October). *Factor Structure of the Continuum of Conflict and Control Relationship Scale: Implications for Practice and Future Research*. Association for Counselor Educators and Supervisors (ACES). Philadelphia, Pennsylvania.
8. **Wheeler, N.** (2015, September). *Adversity in childhood: DSM-5 criteria for PTSD in children six years and younger*. European Branch of the American Counseling Association (EB-ACA). Naples, Italy.
7. Robinson, M.E., **Wheeler, N.**, Flasch, P., Crunk, A.E., & Robinson, S. (2015, September). *Name that tune: Using music in counseling*. European Branch of the American Counseling Association (EB-ACA). Naples, Italy.
6. Crunk, A.E., Moore, F., Flasch, P., **Wheeler, N.**, Robinson, M.E., & Robinson, S. (2015, September). *Bibliotherapy for 21st century youth: Redefining "text" for a new generation*. European Branch of the American Counseling Association (EB-ACA). Naples, Italy.
5. **Wheeler, N.**, & Case Pease, J. (2015, September). *Childhood adversity in adults: Trauma Informed Care*. Florida Counseling Association (FCA). Orlando, Florida.
4. Case Pease, J., Carlson, R., & **Wheeler, N.** (2015, March). *Couple Satisfaction, Family Services Counselor Visits, and Relationship Education: What Matters?* American Counseling Association (ACA). Orlando, Florida.
3. **Wheeler, N.** (2015, February) *Relationship Education and Workforce Development: Implications for Counselor Intervention and Collaboration*. UCF 7th Annual Counseling Conference. Orlando, Florida.
2. **Wheeler, N.** & Daire, A. (2014, October). *Advocacy with Students and Staff at a Research Institute: Contributions to Sustainability*. Southern Association of Counselor Educators and Supervisors (SACES). Birmingham, Alabama.
1. **Wheeler, N.** & Carlson, R. (2014, October). *Serving the Underserved: Serving Couples and Individuals who are Low-Income*. Southern Association of Counselor Educators and Supervisors (SACES). Birmingham, Alabama.

Non-Refereed Professional Presentations

6. Dillman Taylor, D., & **Wheeler, N.** (2016, November). *Integration of Interpersonal Neurobiology and Play Therapy*. UCF Center for Play Therapy Research and Training.
5. **Wheeler, N.** (2015, January) *Post-Holiday Stress: Helping Families Connect*. Invited Speaker, Orange County Children's Cabinet, Parent Seminar Series.

4. Daire, A. & **Wheeler, N.** (2014, April) *The Fair Fight: The Power of Effective Communication*. Invited Speaker, Florida Department of Health in Orange County.
3. Daire, A. & **Wheeler, N.** (2014, May) *Stress Management: The Power of Effective Communication*. Invited Speaker, UCF College of Education and Human Performance, Staff Wellness Talks.
2. **Wheeler, N.** (2013, August) *Relationship Education and the Impact on Child Well-Being*. Invited Speaker, 2013 Florida Department of Children and Families Child Protection Summit.
1. **Wheeler, N.** & Soto, D. (2013, March) *Workforce Development: A Continuum of Services and Support*. Invited Speaker, 2013 Office of Family Assistance Healthy Marriage Grantee Roundtable: Integrating a Community Centered Approach to Healthy Marriage Programs.

Grants and Contracts

External Grants and Contracts

Daire, A. P., Principal Investigator, **Wheeler, N., Co-Investigator** and Case-Pease, J., Co-Investigator (2014-2015). *Project TOGETHER* (90FM0039-01-00). U.S. Department of Health and Human Services: HHS-2011-ACF-OFA-FM-0193, \$2,132,039.

Daire, A. P., Principal Investigator, **Wheeler, N., Co-Investigator**, and Case-Pease, J., Co-Investigator (2013-2014). *Project TOGETHER* (90FM0039-01-00). U.S. Department of Health and Human Services: HHS-2011-ACF-OFA-FM-0193, \$2,184,508.

Internal Grants and Contracts

Wheeler, N.J., & Gnilka, P. *School of Education Stress Lab*. (2018, May). Virginia Commonwealth University Controller, Higher Education Equipment Trust Fund (HEETF), \$66,387.

Wheeler, N., Principal Investigator, Carr, S.E., Co-Investigator, and Kozachuk, L., Doctoral Student (2018-2019). *Assessing Family Adjustment in Parents of Children with Autism Spectrum Disorder*. Virginia Commonwealth University, School of Education, Get Centered Research Development Program, \$6,500.

Wheeler, N., Principal Investigator (2017-2018). *Exploring the Psychoneuroimmunology of Relationship Stress as a Dyadic Mediator for Childhood Adversity and Adult Health with Couples with Low-Income*. Virginia Commonwealth University, Office of the Vice President for Research and Innovation, \$10,000.