

Abigail Holland Conley, Ph.D.

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Education

- North Carolina State University** **Raleigh, NC**
Doctor of Philosophy in Counseling and Counselor Education *May 2012*
- Concentration in Research Methods, GPA: 4.0
 - Dissertation: Exploring College Counselor Spiritual Competency in Relation to Training and Professional Practice
 - Advisor: Dr. Sylvia Nassar-McMillan
- Lewis & Clark University** **Portland, OR**
Masters of Arts in Counseling Psychology *May 2006*
- Concentration in Clinical Mental Health, GPA: 4.0
- Wake Forest University** **Winston-Salem, NC**
Bachelor of Arts in Psychology and Comparative Religion *May 2004*
- Dean's List: 2003, 2004
- Murdoch University** **Perth, Western Australia**
Study Abroad Program *July-Dec. 2002*

Academic Positions

- School of Education, Virginia Commonwealth University** **Richmond, VA**
Assistant Professor, Counselor Education *August 2013 – present*
Affiliate Faculty, Institute for Women's Health
- College of Education, University of Central Florida** **Orlando, FL**
Visiting Assistant Professor, Counselor Education *August 2012 – July 2013*

Clinical Positions

- Women's Center, North Carolina State University** **Raleigh, NC**
Interpersonal Violence (IPV) Survivor Advocate *July 2011 – May 2012*
- Provided direct services to survivors of partner violence, sexual violence, and stalking.
 - Coordinated and lead 25 hour relationship and sexual violence phone (RSVP) line volunteer advocate training on topics including compassion fatigue, gender equality, privilege and oppression, IPV in LGBTQQI communities, medical advocacy, rape culture and IPV prevention.
- SouthLight, Inc.** **Raleigh, NC**
Intake Counselor *Oct. 2007 – May 2008*
- Evaluated clients for admission to Drug and Alcohol Outpatient Treatment, provided substance abuse counseling and communicated with other agencies for referrals.

Counseling Center, Portland Community College

Counseling Intern

Portland, OR

Sept. 2005 – April 2006

- Guided students on a variety of issues in academic and career development, including major and career exploration, academic success and time management, the job search process, and personality and skills assessments
- Counseled individual students with mental health issues including anxiety, depression, trauma, suicide, and gender identity.

RESEARCH AND SCHOLARSHIP ACTIVITIES

Research Interest and Focus

- Interpersonal Violence (IPV) prevention, survivorship, and healing
- Stereotype threat and underrepresentation in Science, Technology, Engineering and Mathematics (STEM) fields
- Spiritual diversity and spiritual development
- Best practices in program evaluation and research methodology

*Denotes student collaboration on scholarly publications

Grants Awarded

Testing a Proposed Evidence Base for the Red Flag Campaign: Promoting Prevention through Program and Messaging Evaluation. 2015 Funded by the VCU Council for Community Engagement Co-PI. (\$15,925, Briones).

Activating Bystanders to Reduce Sexual Assault, Dating Abuse and Stalking. 2014. Funded by the Avon Foundation for Women. Co-PI (\$5,000, Briones).

Graduate Student Research Grant. 2012. Funded by the Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC). Principal Investigator (\$500, Conley)

Research and Best Practices Grant. 2011. Funded by the Southern Association for Counselor Education and Supervision (SACES). Principal Investigator (\$500, Conley)

Evaluation of NIA's eClips Educational Broadcast Programming for NASA Television. 2009-2011. Funded by the National Aeronautics and Space Administration (NASA). Project Manager (\$260,560, Nassar-McMillan)

Grants Submitted: Unfunded

Examining the impact of sexual assault on college students: A latent growth curve analysis on longitudinal data from a large US university. 2014. Submitted to the American College Counseling Association. Principle Investigator (\$5,000, Conley)

Sexual Violence, Intimate Partner Violence and Stalking: A Collaborative Campus Climate Survey at University of Richmond and Virginia Commonwealth University. 2014. Submitted to the Student Affairs Administrators in Higher Education. Principle Investigator (\$5000, Conley)

Using Evidence for Enacting Federal Mandates. 2014. Submitted to the William T. Grant Foundation. Co-PI (\$355,571, Shakeshaft).

Establishing the Evidence Base for a Promising Prevention Program: The Red Flag Campaign. 2014. Submitted to the VCU Council for Community Engagement. Co-PI (\$19,756, Carlyle).

Book Chapters

Nassar-McMillan, S. C., *Taylor, J., & **Conley, A. H.** (in press). Promising Career and Workforce Development Practices in Middle and High School Settings[p1] . In V. S. Solberg & S. R. Ali (Eds.). *The Handbook of Career and Workforce Development Practice and Policy*. Routledge/Taylor & Francis.

Conley, A.H., Nassar-McMillan, S.C., & *Anshraf, A. (2014). Muslim Identity. In T.E. Robert and V.A. Kelly (Eds.) *Critical incidents in integrating spirituality into counseling*. Alexandria, VA: ACA.

Nassar-McMillan, S. C., Tovar, L.Z., & **Conley, A. H.** (2013). Namadi: The Case of the Misunderstood Muslim. In S. G. Niles, J. Goodman, and M. Pope (Eds.). *The Career Counseling Casebook: A Resource for Practitioners, Students, and Counselor Educators*. Broken Arrow, OK: NCDA.

Osborne, J. W., Tillman, D., & **Holland, A.** (2009). Anxiety in school among disadvantaged minorities: Stereotype threat, identification with academics, and motivation to succeed. In J. Cassidy (Ed.) *Anxiety in the schools*. Peter Lang Publishing.

Publications in Refereed Journals

11. Gutierrez, D., **Conley, A.H.**, & Young, M.E. (in press). The effect of Jyoti meditation on student counselors. *Counselor Education and Supervision*.

10. **Conley, A.H.** & *Griffith, C. (in press). Responding to Title IX: Suggestions for college counselors working with survivors of power-based personal violence. *Journal of College Counseling*.

9. Barden, S.M., **Conley, A.H.** & Young, M.E. (2015). Integrating health and wellness in mental health counseling: Clinical, educational and policy implications. *Journal of Mental Health Counseling*, 37(2), 152-163.

8. *Hall, K. & Barden, S.M., & **Conley, A.H.** (2014). A relational cultural framework: Emphasizing relational dynamics and multicultural skill development. *The Professional Counselor*, 4, 71-83.

7. Bryant Rockenbach, A., Bachenheimer, A., **Conley, A. H.**, Grays, S., Lynch, J., Staples, B. A., & Wood, A. (2014). Spiritual exchange in pluralistic contexts: Sharing narratives across worldview differences. *Journal of College and University Student Housing*, 41, 192-205.
6. *Wood, A. W. & **Conley, A.H.** (2014). Loss of religious or spiritual identities among the LGBT population. *Counseling and Values*, 59, 95-111.
5. *Mullen, P.R., Lambie, G.W., & **Conley, A.H.** (2014). Development of the ethical and legal issues in counseling self-efficacy scale. *Measurement and Evaluation in Counseling and Development*, 47,62-78.
4. **Conley, A.H.**, Nassar-McMillan, S.C., & Zagzebski, L.T. (2013). Hardhats, boots, and goggles revisited: STEM career development for the 21st century. *Career Planning and Adult Development Journal*, 29(2), 81-92.
3. Nassar-McMillan, S.C. & **Conley, A.H.** (2011). Programme evaluation toolbox: Effective evaluation principles and considerations in career practice. *International Journal of Vocational and Educational Guidance*, 3, 1-10.
2. Osborne, J. W. & **Holland, A.** (2009). What is authorship, and what should it be? A survey of prominent guidelines for determining authorship in scientific publications. *Practical Assessment, Research & Evaluation*, 14(15).
1. Rees, A.M., Doyle, C., **Holland, A.**, & Root, S. (2008). Sexism and sexual prejudice (homophobia): The impact of the gender belief system and inversion theory on sexual orientation research and attitudes toward lesbian, gay, and bisexual individuals. *Journal of LGBT Issues in Counseling*, 2, 2-25.

Manuscripts Submitted for Publication in Refereed Journals

Conley, A.H., *Overstreet, C., *Hawn, S.E., Kendler, K.S., Dick, D.M., & Amstadter, A.B. (revise and resubmit, 11/12/15). Prevalence and predictors of sexual assault among a representative college sample. *Journal of American College Health*.

*Overstreet, C., *Hawn, S.E., **Conley, A.H.**, Kendler, K.S., Dick, D.M., & Amstadter, A.B. (under review). Prevalence and predictors of physical assault among a college sample. *Journal of Interpersonal Violence*.

Papers Presented at Refereed Professional Conferences

National & International

21. Gutierrez, D., **Conley, A.H.**, & Young, M.E. (2015, October). *The effect of Jyoti meditation on student counselors' stress: Exploring the role of emotional intelligence*. Paper presented at the annual conference of the Association for Counselor Education and Supervision, Philadelphia, PA.
20. Gutierrez, D. & **Conley, A.H.** (2014, September). *How can growth curve modeling help counseling researchers?* Paper presented at the annual conference of the Association for Assessment and Research in Counseling, Moline, IL.
19. Gibson, D., **Conley, A.H.**, & Dollarhide, C. (2014, May). *Transformational tasks and the role of professional relationships: A grounded theory approach to understanding professional identity development*. Paper presented at the annual conference of the British Association for Counselling and Psychotherapy, London, U.K.
18. **Conley, A.H.**, Griffith, C., & Gibson, D. (2014, May). *Responding to power-based violence survivors: A review of the literature and considerations for counsellors*. Paper presented at the annual conference of the British Association for Counselling and Psychotherapy, London, UK.
17. **Conley, A.H.**, Van Horn, S., & Barden, S.M. (2013, October). *Helping students cope with crisis: Tips for school counselors and educators following school and community violence*. Paper presented at the annual conference of the Association for Counselor Education and Supervision, Denver, CO.
16. **Conley, A.H.** & Griffith, C.L. (2013, October). *Out of my comfort zone: A mixed methods investigation on counselor trainees' work with power-based personal violence (PBPV) survivors*. Paper presented at the annual convention of the Association for Counselor Education and Supervision, Denver, CO.
15. Nassar-McMillan, S.C., **Conley, A.H.**, & Tovar, L.Z. (2013, October). *Counselor educators' guide to the program evaluation [and grant] galaxy: Implications for social justice*. Paper presented at the annual conference of the Association for Counselor Education and Supervision, Denver, CO.
14. **Conley, A.H.** & Tajlili, M.H. (2013, September). *Responding to power-based personal violence (PBPV) survivors: Considerations for college counselors*. Paper presented at the annual conference of the American College Counseling Association, New Orleans, LA.
13. **Conley, A.H.** (2013, March) *Exploring college counselor spiritual competency in relation to training and professional practice*. Paper presented at the annual convention of the American Counseling Association, Cincinnati, OH.
12. **Conley, A. H.** & Warfield, H. (2012, June). *Starting the conversation: A toolbox for introducing spirituality into counselor training programs and into practice*. Paper

presented at the annual conference of the Association for Spiritual, Ethical, and Religious Values in Counseling, Santa Fe, NM.

11. **Conley, A. H.** (2011, October). *Spirituality in higher education: Counselor training and practice*. Paper presented at the annual conference of the Association for Counselor Education and Supervision, Nashville, TN.
10. Zagzebski, L., **Holland, A.**, & Nassar-McMillan, S. C. (2011, March). *When role models are scarce: Using multi-media and online resources to encourage STEM careers in underrepresented populations*. Paper presented at the annual convention of the American Counseling Association, New Orleans, LA.
9. Nassar-McMillan, S. C., **Holland A.**, Osborne, J. W., & Zagzebski, L., (2011, March). *Counselors' program evaluation toolbox: Effective evaluation principles and strategies*. Paper presented at the annual convention of the American Counseling Association, New Orleans, LA.
8. Niles, S., Nassar-McMillan, S., Sharp, J., & **Holland, A.** (2010, March). *Infusing diversity, social justice and advocacy into career development training*. Paper presented at the annual convention of the American Counseling Association, Pittsburg, PA.
7. Rees, A.M., Doyle, C., **Holland, A.**, & Root, S. (2005). *Gender role expression and sexual orientation: Research past, present, and future*. Paper presented at the annual convention of the Association for Women in Psychology, Tampa, FL.

Regional

6. **Conley, A. H.** (2014, October). *The integration of biology and wellness: Missing in action in Counselor Education?* Paper presented at the annual conference of the Southern Association for Counselor Education and Supervision, Birmingham, AL.
5. Gibson, D. & **Conley, A. H.** (2014, October). *Creating something new: The "ins and outs" of developing a research inventory*. Paper presented at the annual conference of the Southern Association for Counselor Education and Supervision, Birmingham, AL.
4. **Conley, A. H.** (2012, September). *Spirituality in higher education: How counselor training impacts competence*. Paper presented at the annual conference of the Southern Association for Counselor Education and Supervision, Savannah, GA.

State

4. Briones, R., Carlyle, K., **Conley, A.H.**, Slovinsky, T., Charles, R., Guidry, J., . . . , & Lukacs, V. (2015, April). *Establishing the evidence base for a promising bystander intervention program: The Red Flag Campaign*. Poster presented at the VCU Women's Health Research Day, Richmond, VA. (Building Interdisciplinary Bridges in Women's Health Research Award).

3. **Conley, A. H.** & Warfield, H. (2012, February). *A picture is worth a thousand words: Infusing spirituality into counselor training*. Paper presented at the annual conference of the North Carolina Counseling Association, Greensboro, NC.
2. Zagzebski, L., **Holland, A.**, & Nassar-McMillan, S. C. (2011, February). *Using technology to address STEM career underrepresentation during tough economic times*. Paper presented at the annual conference of the North Carolina Counseling Association, Concord, NC.
1. **Holland, A.**, Zagzebski, L., & Nassar-McMillan, S.C. (2011, February). *The age of accountability: Effective evaluation principles and strategies*. Paper presented at the annual conference of the North Carolina Counseling Association, Concord, NC.

Invited Presentations

- Conley, A.H.**, Currey, B., Fabian, D., Fankhauser, K., Hill, K.V., LeViness, P., Slovinsky, T., & Tingle, K. (2014, October). *Collaborative Response to Cases: Virginia Commonwealth University and University of Richmond*. Invited presentation at the Office of the Attorney General Campus Sexual Violence Summit, Richmond, VA.
- Young, M.E., Gutierrez, D. & **Conley, A.H.** (2013, March). *Meditation and emotional regulation*. Invited presentation at the annual convention of the American Counseling Association, Cincinnati, OH.
- Conley, A.H.**, Walsh, A., Van Horn, S., & Barden, S. (2013, February). *Helping children cope with crisis: Tips for school counselors following school and community violence*. Invited presentation at the annual Central Florida Counseling Conference, Orlando, FL.
- Conley, A.H.** & Griffith, C.L. (2013, February). *Responding to power-based violence survivors: Considerations for counselors*. Invited presentation at the annual Central Florida Counseling Conference, Orlando, FL.
- Nassar-McMillan, S.C. & **Holland, A.** (2011, February). *Measurement matters: New survey tools for STEM stereotype research*. Invited presentation at The Friday Institute, North Carolina State University, Raleigh, NC.
- Nassar-McMillan, S.C., **Holland, A.**, & Zagzebski, L. (2011, February). *Lab coats aren't for people like me: Exploring gender, culture and career across educational disciplines*. Invited presentation at East Carolina University, Greenville, NC.

Teaching Experience

Virginia Commonwealth University, 2014 - present

- CLED 601: Theories of Counseling
 CLED 672: Internship: College Student Development
 CLED 740: Counseling Supervision Theory

CLED 608: Practicum: College Student Development
EDUS 651: Wellness Counseling

University of Central Florida, 2012-2013

MHS 6803: Counseling Practicum I & II
MHS 6702: Ethical and Legal Issues in Counseling
MHS 6407: Counseling for Wellness
MHS 6401: Techniques of Counseling, Instructor of Record

North Carolina State University, 2008-2012

ECD 222: Sexual Violence Prevention for Peer Educators, Co-Instructor
EDP 304: Educational Psychology, Adjunct Instructor
EPD 476: Adolescent Psychology, Adjunct Instructor
ECD 642: Practicum in Counseling
ECD 535: Student Development in Higher Education, Co-Instructor

Doctoral Dissertation Committee Member

Wood, A. (2015). *The Influence of Stigma on Quality of Life and Relationship Satisfaction for Prostate Cancer Survivors and their Partners*. University of Central Florida.
Mullen, P. (2014). *The contribution of school counselors' self-efficacy and professional quality of life to their programmatic service delivery*. University of Central Florida.
Gutierrez, D. (2014). *The effect of meditation on emotional intelligence, stress, and spirituality in student counselors*. University of Central Florida.
Griffith, C.L. (2014). *The impact of a group counseling intervention on LGBTQ+ older adolescents' levels of hope, coping, and suicidality*. University of Central Florida.
DePue, M. K. (2013). *The relationship of the bottoming out experience and the cognitive shift from drinker to nondrinker on early recovery for substance use disorders in treatment settings*. University of Central Florida.
Limberg, D. (2013). *School counselors: An analysis of burnout, altruism and wellness*. University of Central Florida.

Professional Awards

Virginia Commonwealth University, School of Education
2015 Charles P. Ruch Award for Excellence in Teaching

Virginia Commonwealth University, School of Education
2015 Distinguished Junior Faculty Award

Virginia Commonwealth University, Institute for Women's Health
Building Interdisciplinary Bridges in Women's Health Research Award

American College Counseling Association (ACCA)
2013 Emerging Scholar Award

Professional Service

Association for Spiritual Ethical and Religious Values in Counseling (ASERVIC)

Quantitative Associate Editor, Appointment 2013

Counseling and Values Editorial Board Member, Appointment 2011-2014

American Counseling Association

Interpersonal Violence Task Force, Task Force Member

Southern Association of Counselor Education and Supervision (SACES)

Women's Interest Network, Research Coordinator

Campus Alliance to End Violence

Assessment Committee, Chair

Greater Richmond Stop Child Abuse Now (SCAN)

Board of Young Professionals, Board Member, Appointment 2014-2016

Institute for Women's Health

Domestic/Sexual Violence Research Development Group Member

Virginia Department of Health

Rape Prevention and Education Evaluation, Subcommittee Member

Educational Psychology Faculty Search Committee

Graduate Student Representative, 2011/2012 Academic Year

Relationship and Sexual Violence Phone Line, North Carolina State University

On-call Volunteer Advocate, 2010-2012

- Participated in 25 hour of crisis intervention training
- Staffed telephone line weekly to provide support and advocacy to survivors of interpersonal violence.

Professional Membership

National Board of Certified Counselors

National Certified Counselor (NCC)

Chi Sigma Iota

Nu Sigma Chi Chapter

American Counseling Association

ACCA, AARC, ACES, ASERVIC division member