

Tanya Wineland, M.S.

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Research Interests:

Emerging multicultural college student populations, particularly transfer student success in post-transfer university environments, self-regulated learning, vertically integrated projects, and educational cultural brokering.

Last updated: 12/04/2023

EDUCATION

Ph.D.	Virginia Commonwealth University, Educational Psychology Graduate Credential of Completion in Qualitative Research Preparing Future Faculty Program Expected Graduation: August 2026	May 2021-Present
M.S.	Kansas State University, Academic Advising	August 2019
B.F.A.	Virginia Commonwealth University, Theatre, <i>Magna Cum Laude</i>	May 2004

AWARDS AND RECOGNITIONS

Spring 2023 Foundations of Education Travel Award, Virginia Commonwealth University	March 2023
Spring 2023 Graduate School Travel Award, Virginia Commonwealth University	January 2023
2021 Rams in Recovery Campus Partner of the Year, Virginia Commonwealth University	May 2021
“I Caught You Caring” Service Awards, Valdosta State University	September-October 2018

LICENSES AND CERTIFICATIONS

Social and Behavioral Human Subjects Research, CITI Program, 2021-2025
Becoming an Antiracist Educator Series, Level I Training, VCU School of Education, 2021-2022
Trauma-Informed Campus and Classroom, Course 2, Virginia Community College System, 2022
Trauma-Informed Campus and Classroom, Course 1, Virginia Community College System, 2021
Diversity, Equity and Inclusion in the Workplace Certificate, University of South Florida, 2021
Graduate Certificate in Academic Advising, Kansas State University, 2018

ACADEMIC EXPERIENCE

Virginia Commonwealth University, School of Business

Senior Academic Advisor	October 2021-Present
Academic Advisor	February 2019-October 2021

Advise to the unique needs of up to 450 multicultural students pursuing undergraduate business degrees with caseload emphasis on a total of 10 Finance, Risk Management & Insurance, Real Estate, and Financial Technology majors and minors as appointed department liaison.

- Approve course substitution and waiver requests for advising staff and director.
- Train new academic advisors on academic policies, processes, and best advising practices.
- Cross-train extensively to serve a diverse population of business students and their academic interests at various points of entry, including first semester, continuing, major change, transfer, and readmission.
- Lead presentations at events such as change of major, orientation, and undeclared student workshops.
- Present to and engage students and families at School and University table events.
- Proactively monitor student progress and initiate contact with students to further their engagement.
- Utilize degree audit software to follow students' course of study and update academic plans.
- Advocate for students' success through referral to academic, career, and individual resources.
- Maintain a high rate of student advising satisfaction above 4.7 out of 5.

- Meet and exceed appointment benchmarks for advising unit and University-wide.
 - 2021: #2 - Most Advising Appointments Held: 1,370 appointments, 545 students
 - 2020: Top 10 Most Advising Appointments Held: 1,157 appointments
- Represent the advising unit through student support programming, committees, recruitment activities, and project teams.

Valdosta State University, Dewar College of Education & Human Services

Academic Advisor

July 2018-December 2018

Supported individual needs of students in Communications Disorders, American Sign Language/English Interpreting, Special Education: Deaf and Hard of Hearing, and Psychology majors.

- Provided guidance that encouraged students to make informed decisions and engage available resources to support academic success and personal growth.
- Promoted advising centers as encouraging spaces to foster students' academic and identity development.

RESEARCH AND SCHOLARSHIP

Line of Research:

My research is in the area of emerging multicultural undergraduate student success, and I examine how meaningful academic experiences and high-impact practices improve self-regulated learning, positively addressing graduation rates.

GRANTS

FirstUP/1stUP: Micro-internship and research collaborative. (2022). Virginia Commonwealth University. REAL Challenge Grant. (\$7,500, funded).

Role: Co-Principal Investigator

PUBLICATIONS

Wineland, T. (2019, March). Cultivating dual resilience: Teaching shame recovery and image rebuilding through academic advising. *Academic Advising Today*, 42(1). <https://tinyurl.com/acadvtoday2019421>

REFEREED CONFERENCE PRESENTATIONS (* indicates equal contribution)

Zumbrunn, S., Broad, M., Nicolai, K. D., Taylor, M. L., Berry, D. N., **Wineland, T.**, Delay, K., Banjade, V., & Sekhon, N., (2024, April). *Blind spots in belonging intervention research: Lessons learned from a participatory mixed-method randomized control trial.* Paper to be presented for the Motivation Special Interest Group, American Educational Research Association, Philadelphia, PA.

Wineland, T. L., & Zumbrunn, S. K. (2024, February). *Opening doors for first-generation STEM students through vertically integrated projects: A Narrative Literature Review.* Poster to be presented at the Holmes Scholars Preconference at the American Association of Colleges for Teacher Education Annual Meeting, Denver, CO.

Joy, J., Taylor, M. L., **Wineland, T.**, & Zumbrunn, S. (2023, August). *Belonging and mattering in undergraduates: Distinct or overlapping constructs?* Poster presented at the American Psychological Association Annual Meeting, Washington, D.C.

Wineland, T., Koenka, A. C., & Zumbrunn, S. K. (2023, April). *Affirming college transfer students' digital identities in multimodal learning environments: A systematic review.* Paper presented at a Roundtable Session at the American Education Research Association Annual Meeting, Chicago, IL.

Wineland, T., Koenka, A. C., & Zumbrunn, S. K. (2023, February). *The impact of transfer students' digital identities on help-seeking behaviors.* Poster presented at the Holmes Scholars Preconference

at the American Association of Colleges for Teacher Education Annual Meeting, Indianapolis, IN.

Nicolai, K. D., Garries, R., *Berry, D. N., *Braxton, D., *Meekins, D., *Taylor, M. L., *Wallace, M. K., *Walls, K. H., *Wineland, T., & Koenka, A. C. (2022, August). *Evidence-based practices for teaching human development guided by theory and personal experience*. Symposium presented at the American Psychological Association Annual Meeting, Minneapolis, MN. Non-presenting author.

Taylor, M. L., Berry D. N., *Delay, K., *Banjade, V., *Joy, J., *Nicolai, K. D., *Ross, E., *Sekhon, N., *Wineland, T., & Zumbunn, S. K. (2022, March) *Pathways to belonging and engagement: Testing a tailored social belonging intervention for university students*. Poster co-presented at the Virginia Commonwealth University School of Education 2022 Research Colloquium, Richmond, VA.

INVITED PRESENTATIONS AND WORKSHOPS

Wineland, T. (2023, December). *Ask an advisor: Colleague edition*. Virtual panel presentation for the University Academic Advising Board, Virginia Commonwealth University.

Elmore, B., **Wineland, T.** (2023, May). *Advise where you are: Repositioning academic advisors as cultural brokers*. Virtual presentation for the University Academic Advising Board Professional Development Day, Virginia Commonwealth University.

Wineland, T., & Zbell, N. (2020, October). *Making the most of your academic advising appointments*. Virtual workshop presented for the YouF1rst Program, Virginia Commonwealth University.

TEACHING

Germanna Community College

Contract Adjunct Instructor

August 2019-October 2019

Taught SDV-100 College Success Skills to a class of 23 students exploring the science and nature of learning across academic, career, and life-long pursuits.

- Led a 7-week on-campus class with online discussions on learning and communication principles.
- Introduced ways students can create habits for success in the college environment and beyond.
- Incorporated the use of a learning management system for hybrid course instruction.

PROFESSIONAL SERVICE

Member, Division 15 Applied Ed Psych Masters Subcommittee, APA, 2022-Present

Member, Division 15 Educational Practice Briefs Committee, APA, 2022-Present

Proposal Reviewer, Annual Conference, NASPA, 2022

Mentor, NextGen Psych Scholars Program, University of Minnesota, 2022-2023

Proposal Reviewer, Region II Conference, NACADA, 2022

Proposal Reviewer, Annual Conference, NACADA, 2021-2022

Proposal Reviewer, Annual Conference, National Institute for the Study of Transfer Students, 2021-2022

Exhibitors Co-Chair, Region II Conference, Conference canceled (COVID), NACADA, 2019-2020

UNIVERSITY SERVICE

Member, Historical Repeat Committee, VCU, 2023

Chair, Current and Transitional Practices Subcommittee, 2023

Treasurer/Secretary, Holmes Scholars, VCU, 2023

First Generation Staff Mentor, YouF1rst, VCU, 2022

Subject Matter Leader, Academic Advisor Career Path Committee, VCU, 2022

Mentor, School of Business Mentoring Program, VCU, 2022

Member, Holmes Scholars, VCU, 2021-Present

Co-Founding Member, Writing Committee, Holmes Scholars, VCU, 2021-Present

Member, Associate Directors of Advising Search Committee, University Academic Advising, VCU, 2021

Member, Black Equity Steering Committee, VCU, 2020-2021

Member, University Academic Advising Board, VCU, 2019-Present

PROFESSIONAL DEVELOPMENT

Annual Meeting, American Educational Research Association, 2024

Holmes Pre-Conference, American Association of Colleges for Teacher Education, 2024

Conference, University of Arkansas' Women Impacting Supply Chain Excellence (WISE), 2023

Annual Convention, American Psychological Association, 2023

Annual Meeting, American Educational Research Association, 2023

Holmes Pre-Conference, American Association of Colleges for Teacher Education, 2023

Annual Convention, Virtual, American Psychological Association, 2022

Annual Meeting, Virtual, American Educational Research Association, 2022

Annual Conference, Virtual, National Institute for the Study of Transfer Students, 2021

ALIGN Conference, Virtual, College of Wooster, 2021

Research 101: Introduction to Scholarly Inquiry, eTutorial, NACADA, 2020

Annual Conference, NACADA, 2018

RESEARCH EXPERIENCE

Motivation in Context Lab, supervised by Dr. Sharon K. Zumbrunn (2021-Present)

This lab's work broadly explores motivation, context, and their interactions across themes to support students in K-12 and higher education.

Dr. Sharon K. Zumbrunn (2021-Present)

As a doctoral student researcher on a large team, duties include but are not limited to proposing research ideas, editing documents for Institutional Review Board submission and amendment, recruiting study participants, reviewing measures, participant interviewing, data collection, data analysis, creating preliminary reports, and presentation of findings.

MEMBERSHIPS

American Association of Colleges for Teacher Education

American Educational Research Association, Division C: Learning and Instruction, Division J: Postsecondary Education; Special Interest Groups: Motivation in Education, Online Teaching and Learning, Studying and Self-Regulated Learning, Qualitative Research, Graduate and Postdoctoral Education across the Disciplines

American Psychological Association, Divisions 15: Educational Psychology

NACADA: The Global Community for Academic Advising, Region II

SOFTWARE

ATLAS.ti, R, RStudio, SPSS, Microsoft Office (Word, Excel, PowerPoint), Google (Drive, Docs, Sheets, Forms, Slides), Canvas, Navigate, Banner, DegreeWorks, SLATE, Zoom